

Natural And Holistic Approaches To Addiction And Recovery

1851 Washington Avenue, Portland, ME 04103 207.835.9527

October 29, 2017

Ann Machado, Zoning Administrator Zoning Board of Appeals, City of Portland Portland City Hall, Inspections Office, Rm. 315 389 Congress Street Portland, ME 04101

Hand Delivered

RE: Conditional Use Appeal Application by Greener Pastures Holisticare, 1851 Washington Avenue

Dear Ms. Machado,

Please accept my delivery to your office of this letter for filing with the Zoning Board of Appeals on behalf of Greener Pastures Holisticare in regards to the above-referenced property. Included in this filing are the following:

- 1. Conditional Use Appeal Application
- 2. Cover letter from Greener Pastures to members of the Zoning Board of Appeals
- 3. Application fee payment of \$100
- 4. 11 separate packets of copied documents in support of this application per the Zoning Board of Appeals Application Process requirements.

I have sent a pdf copy of the submission packet to: zoning@portlandmaine.gov If you wish for me to send a pdf to another address, in any other manner, or require any other documents for the application, please notify me by email at: contact@greenerpasturesholisticare.com.

Please send me the City's bill at the address below for any fees that we are responsible for in relation to our application. Please schedule the hearing before the Zoning Board of Appeals at its **November 16th** meeting.

Sincerely,

Roxanne Gullikson, President Greener Pastures Holisticare



Conditional Use Appeal Application Packet

Greener Pastures Holisticare - 1851 Washington Avenue

INDEX OF CONTENTS

- 1. Copy of Appeal Application signed by Greener Pastures Holisticare
- 2. Cover letter to members of the Zoning Board of Appeals
- 3. Plot plan with setbacks and parking at 1851 Washington Avenue
- 4. Tax maps with lot highlighted of 1851 Washington Avenue
- 5. First and second floor plans of 1851 Washington Avenue
- 6. Exterior photos of 1851 Washington Avenue
- 7. Greener Pastures Holisticare informational flyer
- 8. Greener Pastures Client daily schedule
- 9. Copy of lease
- 10. Letter from the owner of 1851 Washington Avenue consenting that Greener Pastures President, Roxanne Gullikson, may represent him and 1851 Washington Avenue in the Conditional Use Appeal before the Portland Zoning Board.

Jeff Levine, AICP, Director
Planning & Urban Development Department

Ann Machado Zoning Administrator

CITY OF PORTLAND ZONING BOARD OF APPEALS Conditional Use Appeal Application

Applicant Information:	Subject Property Information:
Greener Pastures Holisticare, INC.	1851 Washington Ave, Portland, ME 04103
NAME	PROPERTY ADDRESS
Greener Pastures Holisticare, INC.	371 A008001
BUSINESS NAME	CHART/BLOCK/LOT (CBL)
1851 Washington Ave., Portland, ME 04103	Ýrancis Watson
BUSINESS ADDRESS	PROPERTY OWNER (If Different)
207-835-9527 contact@greenerpasturesholisticare.com	, , ,
BUSINESS TELEPHONE & EMAIL	ADDRESS (If Different)
Lessee	207-671-7828 - fwatson236@gmail.com
APPLICANT'S RIGHT/TITLE/INTEREST	PHONE # AND EMAIL
R-3 Residential Zone	
CURRENT ZONING DESIGNATION	CONDITIONAL USE AUTHORIZED BY SECTION 14- 88 (a)1.
EXISTING USE OF THE PROPERTY:	
single family	residence
TYPE OF CONDITIONAL USE PROPOSED:	
	d care group home
Shellere	a care group nome
STANDARDS: Upon a showing that a proposed use is a condit granted unless the Board determines that:	tional use under this article, a conditional use permit shall be

- 1. The volume and type of vehicle traffic to be generated, hours of operation, expanse of pavement, and the number of parking spaces required are not substantially greater than would normally occur at surrounding uses or other allowable uses in the same zone; and
- 2. The proposed use will not create unsanitary or harmful conditions by reason of noise, glare, dust, sewage disposal, emissions to the air, odor, lighting, or litter; and
- 3. The design and operation of the proposed use, including but not limited to landscaping, screening, signs, loading deliveries, trash or waste generation, arrangement of structures, and materials storage will not have a substantially greater effect/impact on surrounding properties than those associated with surrounding uses of other allowable uses in the zone.

NOTE: If site plan approval is required, attach preliminary or final site plan.

The undersigned hereby makes application for a conditional use permit as described above, and certifies that the information herein is true and correct to the best of his OR her knowledge and belief.

SIGNATURE OF APPLICANT	DATE	



Yes. Life's good here.

Jeff Levine, AICP, Director Planning & Urban Development Department Ann Machado Zoning Administrator

CITY OF PORTLAND ZONING BOARD OF APPEALS Conditional Use Appeal Application

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Greener Pastures Holisticare, INC.	1851 Washington Ave, Portland, ME 04103		
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Greener Pastures Holisticare, INC.	371 A008001		
BUSINESS NAME	CHART/BLOCK/LOT (CBL)		
1851 Washington Ave., Portland, ME 04103	Francis Watson		
BUSINESS ADDRESS	PROPERTY OWNER (If Different)		
207-835-9527 contact@greenerpasturesholisticare.com			
BUSINESS TELEPHONE & EMAIL	ADDRESS (If Different)		
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TYPE OF CONDITIONAL USE PROPOSED:	al anno autorra la cano		
Sheitered	d care group home		
· ·			

STANDARDS: Upon a showing that a proposed use is a conditional use under this article, a conditional use permit shall be granted unless the Board determines that:

- 1. The volume and type of vehicle traffic to be generated, hours of operation, expanse of pavement, and the number of parking spaces required are not substantially greater than would normally occur at surrounding uses or other allowable uses in the same zone; and
- 2. The proposed use will not create unsanitary or harmful conditions by reason of noise, glare, dust, sewage disposal, emissions to the air, odor, lighting, or litter; and
- The design and operation of the proposed use, including but not limited to landscaping, screening, signs, loading
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 greater effect/impact on surrounding properties than those associated with surrounding uses of other allowable uses in
 the zone.

NOTE: If site plan approval is required, attach preliminary or final site plan.

The undersigned hereby makes application for a conditional use permit as described above, and certifies that the information herein is true and correct to the best of his OR her knowledge and belief.

Roxanne Gullikson	10/30/17	
SIGNATURE OF APPLICANT	DATE	



Natural And Holistic Approaches To Addiction and Recovery

1851 Washington Avenue Portland, ME 04103 207.835.9527

City of Portland Zoning Board of Appeals 389 Congress Street Portland, ME 04101-3509

October 29, 2017

Re: ZONE R-3 RESIDENTIAL ZONE; 1851 Washington Avenue Portland, ME 04103

Request for Conditional Use Permit to operate a Sheltered Care Group Home;

Section 14-88 (a)1.

Dear Members of the Board,

Greener Pastures Holisticare, Inc., LLC ("Greener Pastures") is a Maine-based holistic occupational therapy and alternative health care provider wishing to provide recovery services for adult women at a facility located at 1851 Washington Avenue, Portland, ME 04103 ("the Property",) which is in the R-3 Residential Zone. Greener Pastures requests that the Zoning Board of Appeals grant a Conditional Use Permit to use the Property as a "sheltered care group home" pursuant to Section 14-88 (a)1. of the City of Portland's Land Use Ordinance. Enclosed with this letter is Greener Pastures' Conditional Use Appeal Application, including all required attachments.

Greener Pastures previously leased an office space at the Property, where it has conducted outpatient recovery services by appointment since late 2015. Greener Pastures currently holds a three-year lease on the entire Property, contingent on City approval of a Conditional Use Permit. The 7, 215 sq. ft. Property is currently used as a six bedroom, seven bath single family residence.

BACKGROUND: Greener Pastures administers a proprietary holistic approach to addiction, recovery, and wellness. With a combined 53 years of experience in the fields of medicine, allied health, therapy, counseling and human services, its Directors provide a rich and deep well of wisdom and trauma-informed, dual-diagnosis care. A list of the Directors includes an Occupational Therapist, Medical Doctor, Recreational Therapist, and Certified Holistic Recovery Coach. Staff include a Licensed Clinical Social Worker, a Licensed Drug and Alcohol

Counselor, CRMAs, Certified Yoga Instructor, and Registered Dietician. A brochure, and program details are attached for your perusal.

Since December of 2015, Greener Pastures has provided holistic wellness services to clients in Portland, Maine. Its broad treatment approach quickly narrowed to seeing just clients struggling with substance use disorder, and that clientele has grown significantly in 2017, in the throes of an unprecedented opiate addiction epidemic in Maine and Nationwide.

In response, Greener Pastures created and implemented a treatment protocol utilizing an holistic approach in conjunction with Occupational Therapy and intense personal and clinical supports. The success of our protocol has generated recommendations and referrals, and repeated requests for residential care. In the past six months of 2017, we have had to refer many potential clients to other providers due to a lack of space and staff. In order to grow its practice and meet the demand, Greener Pastures needs to expand beyond a single office and provide an intentional, dedicated residential program.

PROPOSED USE: Greener Pastures proposes to use the Property as a therapeutic residential program for adult women in recovery of substance-use disorders and co-occurring mental-health issues, such as anxiety and depression.

- ★ The program will have 11 beds for women only. Four rooms will be double-occupancy and one very large bedroom will be triple-occupancy. Each bedroom has a full private bath en suite.
- ★ Clients will self-pay, use private insurance as applicable, and Greener Pastures will produce a "Super Bill" for self-submission to private insurance. Two beds will be held open on a sliding scale fee schedule for clients at or below 200% of the Federal Poverty Guidelines.
- ★ The Greener Pastures Program is 28 days during which each woman receives room, board and therapeutic treatment.
- ★ The facility provides room and board during early recovery treatment. It is not a sober living house or residence. Clients leaving the 28 day treatment program will receive referrals and assistance in finding a sober living house, if appropriate.
- ★ Therapeutic treatment consists of daily individual counseling, daily group process therapy, daily occupational therapy, daily support groups, daily mindfulness practice (yoga, tai chi, massage, meditation, acupuncture, journaling,) daily nutritional counseling, weekly family and relationship counseling, weekly social work appointment, weekly recreational therapy, bi-weekly medical evaluation.
- ★ Each treatment week is methodically planned with a goal of solid and successful recovery that includes life skills, relapse prevention, commitment to ongoing treatment and fostering of strong community.
- ★ The program entails a very high staff:client ratio and the facility is adequately and abundantly staffed 24 hours per day, seven days a week.

APPLICABLE ORDINANCE PROVISIONS: Section 14-88 (a)1. of the City Land Use Ordinance permits the use of the Property as a "sheltered care group home." Section 14-47 of the Ordinance defines this as: "A facility which, in addition to providing food and shelter to a defined population, provides guidance or counseling services. Such services are a primary function of the facility."

In the R-3 Zone, sheltered care group homes are permitted as a conditional use *for up to twelve (12) individuals, plus staff, and serving a primary population which is not handicapped persons, parolees, persons involved in correctional pre-release programs, or current illegal drug users, provided that:*

- a. A sheltered care group home shall not be located within five hundred (500) feet of another, as measured along street lines to the respective property lines;
- b. There shall be no open outside stairways or fire escapes above the ground floor;
- c. The facility shall make provision for adequate on-site staffing in accordance with applicable state licensing requirements. If a facility is not licensed by the state, there shall be a minimum of one (1) staff person for every ten (10) residents or fraction thereof.

The proposed use satisfies the requirements and parameters set forth in Section 14-88 (a)1.

Greener Pastures clients are not involved in correctional pre-release programs, on parole, engaged in current substance abuse or illicit drug use. Drug and/or alcohol use is prohibited and grounds for immediate dismissal from the program.

Greener Pastures attests that:

- a. The Property is not within 500 feet of another sheltered care group home.
- b. There are no open outside stairways or fire escapes above the ground floor.
- c. The staffing plan meets and exceeds State licensing requirements and there is always at least one staff member on duty for every 10 clients. The program is well staffed 24 hours per day, seven days a week to include, at minimum: six staff members during each weekday, two after-hours every day, and two overnight every night. Day staff during weekends is three. The Medical Director is on-call 24/7.

With respect to the additional conditions the Board may impose concerning the operation of a sheltered care group home in the R-3 zone:

- a. Site and building maintenance is in the Greener Pastures operating budget to provide independent contractor services for all yard, driveway, building and property maintenance services. Facility trash and recycling is picked up weekly by a private company.
- b. The property is electronically secured and monitored via a third-party system. Motion activated lights are at all key points spanning the entire property.
- c. All property lines are buffered by fences and trees. The paved parking lot accommodates approximately 15 cars and there is a four car garage.
- d. There are no immediate or long-term plans to make interior or exterior alterations or expansions.

In regard to the standards set forth in section 14-474 (c)2. of the City Code of Ordinances, the proposed use of the Property will not have substantially greater negative impacts than would normally occur from surrounding users or other allowable uses in the same zoning district.

a. The volume and type of vehicle traffic to be generated, hours of operation, expanse of pavement, and the number of parking spaces required are not substantially greater than would normally occur at surrounding uses or other allowable uses in the same zone:

Although the Program operates continuously, only two staff will be on site during the evening and overnight hours, and they will park their cars in the garage. During business hours, there will be six staff regularly on site, with additional staff and clinicians periodically on site, so perhaps up to eight on a particularly busy day. The driveway accommodates four cars behind the garage, away from street view, and the garage accommodates four cars, so although the driveway can easily sit at least 15 cars, it will appear mostly empty on most days.

Clients are not permitted cars on site, nor do they operate any vehicle while in residence at the Greener Pastures program.

Program visitors park off-street in the driveway. Each week, family members are invited to attend an addictions educational meeting, family counseling, or an afternoon visit. Other site visitors might include a maintenance van, a massage therapist, acupuncturist or stylist. Again, there is ample off-street parking and privacy.

b. The proposed use will not create unsanitary or harmful conditions by reason of noise, glare, dust, sewage disposal, emissions to the air, odor, lighting, or litter:

Greener Pastures will make no alterations to the existing interior, exterior, grounds or parking areas. The appearance and impression of the property is not distinguishable from any other similar properties in the neighborhood. There are no outside trash receptacles. Trash and recycling receptacles are inside the garage and are picked up weekly by a private trash company. Greener Pastures does not permit smoking inside the building, but provides a small, well-screened area in the completely private back yard. The backyard is fenced on all sides and buffered by existing large pine and arborvitae trees. Outdoor activities take place in the backyard. Clients do not congregate, loiter or recreate anywhere in the yard other than the secluded back yard. No clients are outside at any time after 9:00 p.m.

c. The design and operation of the proposed use, including but not limited to landscaping, screening, signs, loading, deliveries, trash or waste generation, arrangement of structures, and materials storage will not have a substantially greater effect/impact on surrounding properties than those associated with surrounding uses or other allowable uses in the zone.

Greener Pastures will place no signage on the property or building. Deliveries will be made via the backdoor off the driveway. Trash and recycling is stored in the garage and is picked up weekly by an independent contractor. Program materials and equipment are stored inside the building or in the garage. The lawns, gardens and driveway are attended to in a timely and conscientious manner. The property is stately, quiet, and well-cared for.

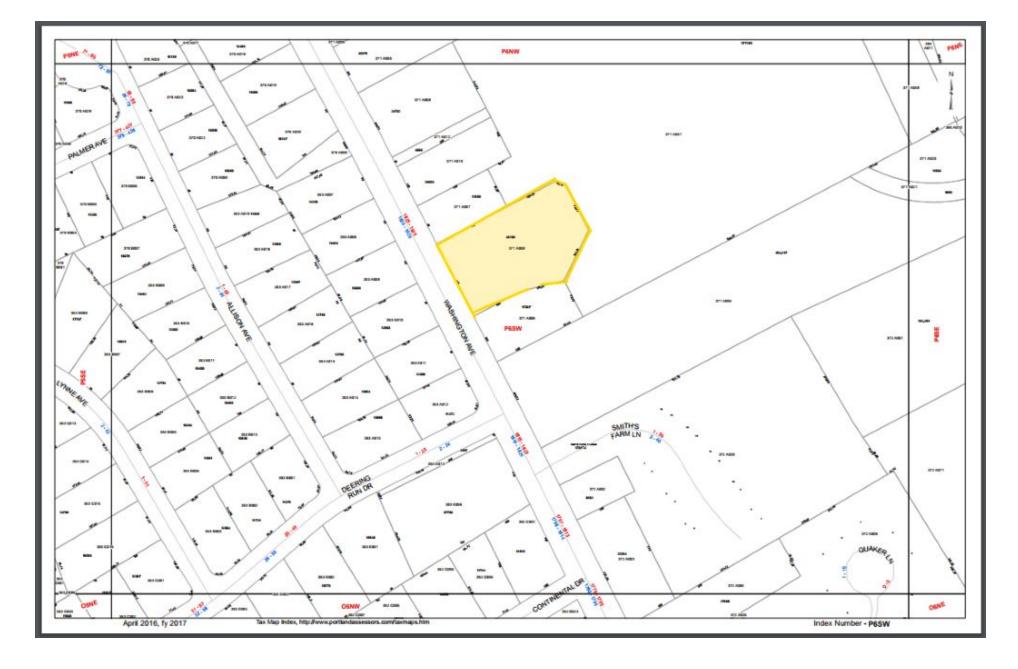
D. Community Impact: By all appearances, Greener Pastures recovery program exists harmoniously in the neighborhood and draws no outward attention. By transitioning from an outpatient model of service to a residential recovery program, we hope to transform an under-utilized residence into a home for hope and healing for women struggling with substance use disorder. Greener Pastures staff is eager to roll up their sleeves and get into the hard work of fighting the addiction epidemic that is claiming too many young lives in Maine. The focus on women's recovery issues has implications for the next generation of Maine. Greener Pastures is committed to providing high-caliber therapeutic recovery care, including two allocated indigent care beds in service to our neighbors and our community. We embrace this work and stewardship with a grateful heart.

Sincerely,

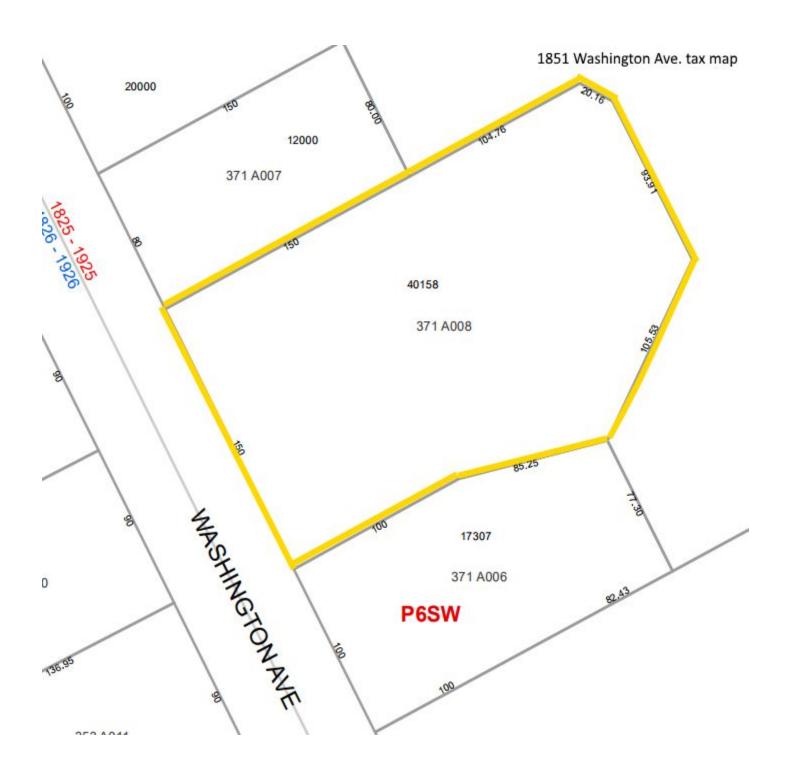
Roxanne Gullikson Chief Executive Officer

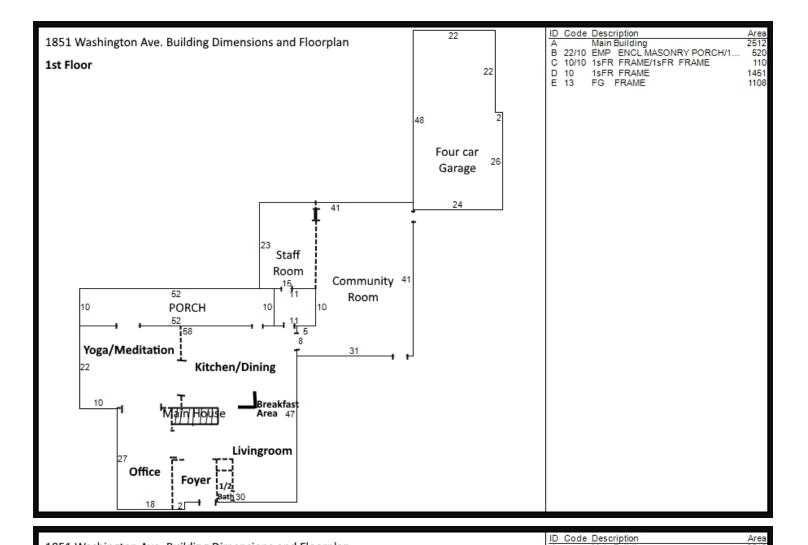
1851 Washington Avenue 04103 - Lot size - Setbacks - Parking

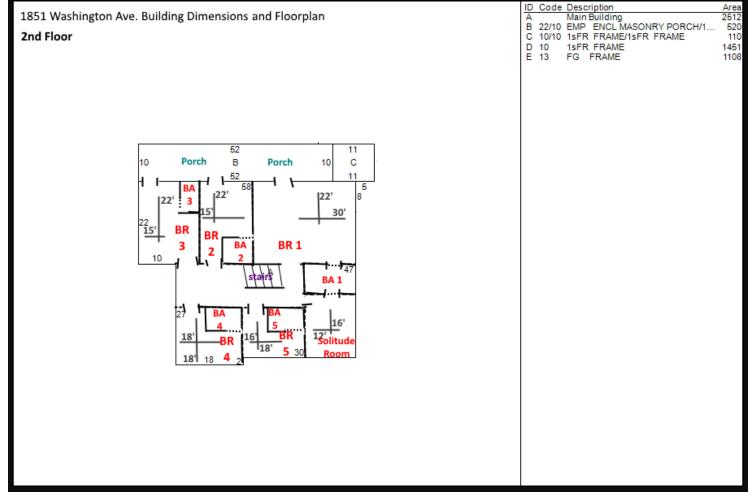




Portland City Tax Map













Greener Pastures Holisticare

Women's Residential Recovery House

a mindfulness-based treatment program that utilizes holistic medicine, humanist philosophy, occupational therapy and supportive community as the cornerstones of recovery.

Individual Counseling & Coaching

Learn the tools to find your way back to YOU through recovery of the Body, Mind & Spirit.

Greener Pastures offers holistic counseling, coaching and therapy options to enhance your recovery.



Empower Yourself

The potential to change lies within you.

Recognize your worth, value and capability to create lifelong change.

Rediscover your internal strength, build your confidence and take control of your life.



medical evaluations

horticultural therapy

anger management

recovery coaching

group therapy

individual therapy

mindfulness-based living skills

internal family systems work

cognitive behavioral therapy (CBT)

somatic-based meditation

drug & alcohol counseling

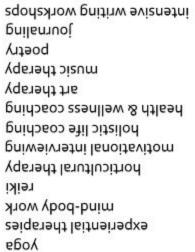
mindfulness-based relapse prevention

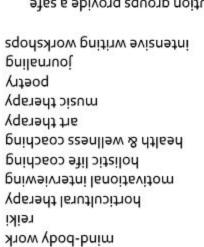
Greener Pastures Recovery House

contact@greenerpasturesholisticare.com 207-835-9527 Portland, Maine



occupational therapy traditional counseling, and adjunctive modalities including: The program blends Occupational Therapy, Humanist philosophy,



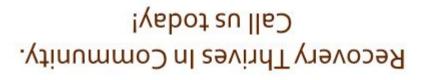


addiction and trauma. environment to learn to self-regulate and process the suffering caused by Trauma-informed care and PTSD-resolution groups provide a safe

clarity, mindfulness, and full restoration of choice. and optimum recovery. As clients progress through our program, they regain coach, and personal case manager to ensure both a linear continuity of care Individualized treatment plans include one-on-one sessions with a therapist,

establishes a solid foundation for recovery. environment and a therapeutic daily schedule that Our 28 day residential program offers a safe, structured





	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga	Morning Yoga
9:00	Breakfast/Juicing	Breakfast/Juicing	Breakfast/Juicing	Breakfast/Juicing	Breakfast/Juicing	Breakfast/Juicing	Breakfast/Juicing
10:00	Experiential Therapy/Individu al Counseling	Experiential Therapy/Individu al Counseling	Experiential Therapy/Individu al Counseling	Experiential Therapy/Individu al Counseling	Experiential Therapy/Individu al Counseling	Journaling Workshop	Spirituality Brunch
12:00	Lunch	Lunch	Lunch	Lunch	Lunch	Spa Lunch	
12:30 - 2:30	Life Skills Workshops/Indivi dual Counseling	Life Skills Workshops/Indivi dual Counseling	Life Skills Workshops/Indivi dual Counseling	Family Education and Support	Life Skills Workshops/Indivi dual Counseling	Spa Day Massage Reiki Acupuncture	Recreational Therapy and Outings
3:00	Expressive Therapy/Individu	Expressive Therapy/Individu	Expressive Therapy/Individu	Family Group	Expressive Therapy/Individu	Reflexology Mani/Pedi	
5:00	al Counseling	al Counseling	al Counseling	Discharge Plans	al Counseling	Hair	
5:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Takeout Dinner
7:00	Support/Process Groups	Support/Process Groups	Support/Process Groups	Support/Process Groups	Support/Process Groups	Movie Night	Support/Process Groups
8:30	Daily Wrap-up Chores	Daily Wrap-up Chores	Daily Wrap-up Chores	Daily Wrap-up Chores	Daily Wrap-up Chores		Daily Wrap-up Chores
9:00	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation
10:00	Retire/Self-care	Retire/Self-care	Retire/Self-care	Retire/Self-care	Retire/Self-care	Retire/Self-care	Retire/Self-care
11:30	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out



Natural And Holistic Approaches To Addiction And Recovery

1851 Washington Avenue, Portland, ME 04103 207.835.9527

DIRECTORS

Administrator, Program Director: Ronald Figaratto, OTR/L, is an occupational therapist with 18 years experience as a clinician, Rehab Director and Manager for the Maine Veterans Homes. His experience working with patients, their families, clinicians, therapists and facility Administrators has provided him a wealth of education and wisdom in navigating the resources and challenges of caring for fragile patients. As a compassionate therapist, Ron relies on his acquired skills and inherent empathy to provide "just right" care and treatment for his clients. In his role as Program Director, Ron designs and oversees the multiple therapeutic modalities in operation at Greener Pastures and the clinical staff.

Medical Director: Mary Callison, M.D. is a family practice physician with in-depth experience caring for patients throughout the State of Maine. A Navy veteran, Dr. Callison has extensive experience in treating patients with co-occurring diagnoses of substance use disorder and mental illness. As a private-practice Maine doctor, she has treated thousands of addiction-affected patients and their families; she's very much on the front lines in addressing the addiction epidemic in Maine. As the Greener Pastures Medical Director, Dr. Callison will perform all intake medical evaluations, participate in treatment and discharge planning, family meetings, and be on call for any and all medical issues clients may have. She will also conduct several educational workshops each month for patients and families.

Facility Director: Roxanne Gullikson, CHLC, is a recovery coach, mentor, and life coach in Portland, Maine. Her professional experience in human services has spanned the scope of life from owner/director of Live & Learn Preschool, a therapeutic preschool for children on the autism spectrum to Managing Director of a senior home care services company in Oxford County. As the Facility Director, Roxanne is in charge of patient outreach and intake, family meetings, plans of care and managing the Greener Pastures staff, ancillary services, and day-to-day operations.

Frank Watson 1851 Washington Ave Portland ME 04103

10/19/2017

Zoning Board 389 Congress Street Room 315 Portland, ME 04101

To Whom It May Concern,

I, Frank Watson, hereby give Roxanne Gullikson permission to represent my property at 1851 Washington Ave Portland, ME 04103 for the Conditional Use Application before the Zoning Board. All inquiries may be directed to Roxanne Gullikson for clarification of the plan and intention of our proposal. I thank you for your time and consideration.

Sincerely,

Frank Watson

COMMERCIAL LEASE

Lease made this /v day of October 2017 by and between Francis J. Watson of Portland, Maine (hereinafter referred to as "Landlord") and Greener Pastures (hereinafter referred to as "Tenant").

- 1. Demised Premises
- A. Landlord is the record owner of a parcel of land situated at 1851 Washington Avenue, Portland Maine with a building thereon with a driveway and parking. The parcel, along with the building, parking facilities and all other improvements located on the parcel are hereinafter collectively referred to as the "Property".
- B. Landlord, for the term and subject to the provisions and conditions hereof, shall lease to Tenant, and Tenant shall accept from Landlord the above-described Demised Premises.
- C. The Demised Premises shall be used for medical rehabilitation and recovery and related usages only and for no other purposes.
- 2. Term

 The original term of the Lease shall commence on 12/01/17 and end at 12/01/20 unless sooner terminated or extended as herein provided. Occupancy, shall commence on 12/01/17.
 - 3. Rent.

 The rent shall be \$5000, per month payable on the first (1st) day of each month.
 - 4. Renewal of Lease.

Tenant shall have the option to renew its tenancy for one (1) additional three (3) year term provided the Tenant is not in Default on any of the terms, conditions, or provisions of this Lease. During any renewal period, all terms and conditions of this Lease shall remain in full force and effect. Any election to exercise an option to renew by Tenant shall be done so in writing which shall be provided to Landlord not later than six (6) months prior to the expiration of this Lease or of this Lease as extended.

5. Electricity. Gas. Water And Utilities.

Utilities serving the Demised Premises shall be paid by Landlord.

6. Repairs and Maintenance

- A. Tenant shall be responsible for all interior repairs and maintenance and Tenant shall maintain and at the expiration of the term of this Lease, or any renewal hereof, yield up the interior of the demised premises in as good repair, order and condition as the same shall be upon the commencement of this Lease, reasonable use and water, damage by fire or other casualty, and acts of public authority excepted.
- B. Tenant shall be able to make alterations to the Demised Premises at no cost to Landlord, only with prior written approval of Landlord.
- C. During the term of this Lease or any renewal period, Landlord shall be responsible to maintain the exterior and structural components of the Property.

7. Security Deposit

Upon the execution of this Lease, Tenant shall deposit with Landlord a sum equal to one month's rent as security for the full and prompt performance by Tenant of the terms and covenants of this Lease, none of which Security Deposit shall constitute rent for any month unless so applied by Landlord to compensate Landlord for all loss, cost, expense or damage suffered by Landlord due to default or failure of Tenant. To the extent Landlord has not applied such sum on account on default, the Security Deposit shall be returned to Tenant promptly after the termination of the Lease or any renewal hereof. The Security Deposit shall not earn interest.

8. Landlord Access.

Landlord shall have the right to enter the Demised Premises at all reasonable times for the purpose of making repairs and for making inspections. Landlord shall also have the right during the last six (6) months of this Lease or any renewal period to enter the Demised Premises for the purpose of showing to prospective tenants.

Assignment and Subletting.

Tenant shall not assign the Lease or sublet the whole or any portion of the Demised Premises without the prior written consent of Landlord, which consent shall not be unreasonably withheld; provided, however, Landlord shall have reasonable direction to approve or disapprove a prospective tenant or sublessee based upon such subtenant's or assignee's financial condition, the density of occupancy of the Demised Premises, and the use which the subtenant or assignee intends for the Demised Premises. No such assignment or subletting shall relieve or release the Tenant from any obligation or liability hereunder.

10. Indemnification.

Tenant shall defend Landlord from and against all claims, demands, and expenses for injury to person or damage to property occurring in or about the Demised Premises and arising out of the Tenant's use of the Demised Premises, and shall indemnify and hold harmless Landlord from and against all such claims, demands, actions, suits and expenses. Excepted are those claims and demands caused by the acts or omissions of the Landlord.

11. Insurance.

The Tenant shall procure and maintain during the term of this Lease and any renewal hereof, at its own expense, comprehensive public liability insurance with a responsible insurance company qualified to do business in the State of Maine, insuring the Tenant as well as the Landlord against all claims for injuries to persons occurring in or about the Demised Premises, in an amount satisfactory to Landlord.

12. Use of Premises.

Tenant covenants not to damage, injure, deface or commit waste upon the Demised Premises and to carry on no trade or occupation upon the Demised Premises which shall be unlawful or improper or contrary to any law of the United States, the State of Maine, County of Cumberland or ordinance or by-law for the time being in force in the City of Portland and Tenant shall comply with all rules and regulations of any Board of Fire Underwriters relating to the use by it of the Demised Premises.

Tenant expressly agrees to comply with all hazardous waste laws and regulations. Tenant covenants to protect, indemnify and hold Landlord harmless from and against all loss, cost, damage and liability, including attorneys fees and costs of litigation, suffered or incurred by Landlord on account of the violation of any law, ordinance or regulation.

- 14. Eminent Domain, Fire or Casualty.
- A. If the whole of the Property, Building or Demised Premises shall be taken or condemned for a public or quasi-public use under any statute or right of eminent domain or private purchases in lieu thereof by any competent authority, Tenant shall have no claim against Landlord and shall not have any claim or right to any portion of the amount that may be awarded as damages or paid

as a result of any such condemnation or purchase: and all rights of Tenant to damages therefore are hereby assigned by Tenant to Landlord. The foregoing shall not, however, deprive Tenant of any separate award as a result of its own petition for its fixtures, equipment, trade fixtures and moving expenses or for any other items which may be compensable under any law or statue applicable thereto to Tenant without regard to Landlord's award.

- B. If part of the Demises Premises or the Building shall be acquired or condemned as aforesaid, and such acquisition or condemnation shall render the remaining portion unsuitable for the business of the Tenant (in reasonable opinion of the Landlord), the term of this Lease shall cease and terminate as provided in Paragraphs 14. A. above. If such partial taking is not extensive enough to render the Demised Premises unsuitable for the business of Tenant, then, providing the Landlord shall have restored the remaining area of the Demised Premises and Building to a condition usable by Tenant, this Lease shall continue in effect except that Rent shall be reduced in the same proportion that the square footage of the Demised Premises taken bears to the original square footage demised.
- C. If all or a substantial portion of the Demised Premises shall be destroyed by fire or other casualty so as to prevent the Tenant from opening its business in a reasonable manner after whatever restoration shall have been taken by Landlord within one hundred twenty (120) days of such damage or destruction, Landlord or Tenant shall have the right to terminate this Lease renewal period, if such damage or destruction prevents it from carrying on its business for a period of one hundred twenty (120) days during the last year of this Lease or any renewal Term. During any period in which Tenant is unable to carry on its business in a reasonable manner, no Base rent or Adjustments shall be due by Tenant to Landlord.

15. Events of Default.

Each of the following events shall constitute an Event of Default under this Lease:

- (A) If Tenant shall fail to pay Rent, or any other sum payable to Landlord hereunder when due and such failure shall continue uncured for more than ten (10) days after written notice from Landlord to Tenant; or
- (B) If Tenant shall fail to perform or observe any of the terms, covenants or conditions contained in this Lease within ten (10) days after written notice thereof by Landlord; or
- (C) If a receiver or trustee is appointed to take possession of all or a substantial portion of the assets of the Tenant; or
- (D) If Tenant makes an assignment for the benefit of creditors; or
- (E) If bankruptcy, reorganizations, insolvency, creditor adjustment or debt rehabilitation proceedings are instituted by or against the Tenant under any state or federal law; or

- (F) If levy, execution, or attachment proceedings or other process of law are commenced upon, on or against Tenant or a substantial portion of Tenant's assets; or
- (G) If a liquidator, receiver, custodian, sequester, conservator, trustee or other similar judicial officer is applied for by the Tenant or appointed for the Tenant; or
- (H) If Tenant has become insolvent in the bankruptcy or equity sense; or
- (I) If, other than in the case of eminent domain, fire or other casualty, the Demised Premises are vacated, abandoned, or deserted during the term hereof or Tenant removes or manifests an intention to remove its goods and property from the Demised Premises

16. Remedies.

- A. Upon the occurrence of any Events of Default as set forth in Paragraph 15 above, this Lease shall terminate and Landlord lawfully may immediately after the expiration of any of the aforesaid periods or at any time thereafter and without further demand or notice enter into and upon the said demised premises or any part thereof in the name of the whole and repossess the same as of its former estate and expel Tenant and those claiming by, through or under it and remove its effects, forcibly if necessary, without being deemed guilty of any manner of trespass and without prejudice to any remedies which otherwise may be used for arrears of rent or proceeding on a breach of covenant and upon entry and as aforesaid, this Lease shall terminate. In the event Landlord has not received the rent on or before the fifth (5th) day of any month of which it is due. Tenant shall be obligated to pay a late charge in the amount of Two Hundred Fifty Dollars (\$250.00) plus interest accruing on the unpaid sums from the date such sums became due at the rate of Twelve percent (12%) per annum. The late charge shall be in addition to, and shall not in any way limit any other rights or remedies available to Landlord under the terms of this Lease or at law or in equity.
- B. No termination of this Lease in the manner mentioned in paragraph 16A above shall relieve the Tenant of its obligations and liabilities under the Lease, and such obligations and liabilities shall survive any such termination. In the event of any such termination, the Tenant shall pay to the Landlord for the remainder of the term the equivalent of the amount of Rent which would be payable under this Lease by the Tenant if this Lease were still in effect, less the net proceeds, of any reletting, including without limitation, all repossession costs, brokerage commissions, legal expenses, reasonable attorney's fees, alteration costs and expenses of preparation for such reletting.
- C. In the event of any proceedings are undertaken to enforce any obligation of this Lease, the prevailing party shall be reimbursed for the expenses involved, including without limitation, court costs and reasonable attorney's fees.

17. Construction Requirements of Landlord.

NONE

18. Surrender of Premises

At the expiration of this Lease, or its termination for other causes, Tenant is obligated to pay as liquidated damages to Landlord five (5) times the rent per day for each day of occupancy beyond the termination. Should landlord allow or permit Tenant to remain in the demised premises after the expiration of this Lease, this shall not be construed as a reinstatement of this Lease.

19. Quiet Enjoyment

Upon the payment of rent and performance of its other covenants and obligations on its part in this Lease contained, Landlord covenants that Tenant may have and enjoy demised premises free from hindrance by Landlord.

20. Notices.

Any notice required to be given under the terms hereof shall be given by mailing said notice, postage prepaid, if intended for the Landlord at such other place as the Landlord may designate from time to time in writing; and if intended for the Tenant to the demised premises or such other place as Tenant may designate from time to time in writing.

21. Liability for Casualty.

Landlord shall not be liable for any damagers to property of Tenant or other entrusted to Tenant within the demised premises, nor for the loss of or damage to any property of the Tenant by theft or otherwise unless such is due to the negligence or default of Landlord, its agents, servants or employees. Landlord shall not be liable for any injury or damage to persons or property resulting from fire, explosion, falling plaster, steam, gas, electricity, water, rain or snow or leaks from any part of said building or from the pipes, appliances or plumbing works or from the roof, street, subsurface or from any other place or by dampness or from any cause whatsoever nature; nor shall Landlord be liable for any such damage caused by other Tenants or persons in said building or caused by operation in construction of any public or quasipublic work; nor shall Landlord be liable for any latent defect in the demised premises or in the building of which they form a part. Tenant shall give reasonably prompt notice to Landlord in case of fire or accident in the demised premises or of defects therein.

22. Cumulative Rights.	22.	Cumu	lative	Rig	hts.
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Any and all rights and remedies which either party may have hereunder shall be cumulative and the exercise of any one of such rights shall not bar the exercise of any other right or remedy which said party may have.

23. Waiver.

One or more waiver of the breach of any covenant or condition by the Landlord shall not be construed as a waiver of a further breach of the same covenant or condition.

24. Entire Agreement.

This instrument contains the entire and only agreement between the parties and no oral statements or representations or prior written matter not contained in this instrument shall have any force or effect.

IN WITNESS WHEREOF, the parties have hereunto executed this instrument on (DATE)

LANDLORD FRANCIS J. W	ATSON	
Ву:		
TENANT		
GREENER PA	STURES	
D		

QUITCLAIM DEED WITH COVENANT

(Maine Statutory Short Form)

KNOW ALL PERSONS BY THESE PRESENTS, that **KIMBERLY J. WATSON** of, the City of Portland, County of Cumberland, State of Maine for consideration paid, does hereby Grant to **FRAN CIS J. WATSON of the City of Portland County of Cumberland State of Maine** with Quitclaim Covenants, the land together with all buildings thereon situated in the City of Portland County of Cumberland and State of Maine, being more particularly described as follows:

See attached Exhibit A - Property Description

THIS DEED PREPARED WITHOUT THE BENEFIT OF TITLE SEARCH

WITNESS my hand and seal this _____ day May 2009

Signed, Sealed, and Delivered in the presence of:

// 1

Witness

KIMBERLY J. WATSON

STATE OF MAINE COUNTY OF CUMBERLAND

May 12009

Personally appeared the above-named KIMBERLY J. WATSON and acknowledged the foregoing instrument to be her free act and deed.

Before me,

SEAL

Attorney at Law/Notary Public

My commission expires: December 14, 3015

EXHIBIT 'A'

A certain lot or parcel of land, with the buildings thereon, situated on the westerly side of Washington Avenue, so-called, also known as the Old Gray Road, in the City of Portland, County of Cumberland and State of Maine, being shown as "Proposed Lot" on a plan of land titled "Standard Boundary Survey of the Haverty Estate Property" for Margaret Haverty dated through September 14, 2001 by Sebago Technics, Inc., recorded in the Cumberland County Registry of Deeds in Plan Book 203, Page 558, being more particularly bounded and described as follows:

Beginning at a ¾ inch iron pipe held on the westerly side of said Washington Avenue at the northwesterly corner of land now or formerly of David H. and Maureen P. Haverty by deed recorded in the Cumberland County Registry of Deeds in Book 15730, Page 76 and Book 2990, Page 216;

Thence North 09 degrees 46' 37" West, by and along Washington Avenue, a distance of 150.00 feet to a capped 5/8 inch iron rebar at the southwesterly corner of land now or formerly of Gregory and Norma M. St. Angelo by deed recorded in said Registry of Deeds in Book 11080, Page 69;

Thence North 79 degrees 27' 23" East, by and along said land of St. Angelo and passing through land now or formerly of Mary Margaret I. Haverty as shown on said Plan, a total distance of 254.76 feet to a 5/8 inch iron rebar set at an angle point;

Thence South 44 degrees 24' 38" East, passing through said land of Mary Margaret I. Haverty, a distance of 20.16 feet to a capped 5/8 inch iron rebar set at an angle point;

Thence South 10 degrees 04' 26" East, passing through said land now or formerly of Mary Margaret I. Haverty, a distance of 93.91 feet to a capped 5/8 inch iron rebar set at an angle point;

Thence South 43 degrees 12' 22" West, passing through said land now or formerly of Mary Margaret I. Haverty, a distance of 105.53 feet to a capped 5/8 inch iron rebar set at the northeasterly corner of said land of Said land of David H. and Maureen P. Haverty;

Thence North 84 degrees 59' 24" West, by and along land of said David H. and Maureen P. Haverty, a distance of 85.25 feet to a capped 5/8 inch iron rebar set at an angle point;

Thence South 79 degrees 34' 14" West, by and along land of said David H. and Maureen P. Haverty, a distance of 100.00 feet to the point of beginning.

Bearings referenced herein are based on Magnetic North 1999.

Received
Recorded Resister of Deeds
Aus 17,2009 12:03:45P
Cumberland County
Pamela E. Lovley