(207) 885-0857 Resident Bed Bug Pre Treatment & Post Treatment Instructions

Preparing for Treatment:

- 1. Remove all bedding (sheets, mattress pads etc.) from beds. Wash, dry and store washed bedding in a sealed plastic bag. Running bedding through a clothes dryer on the hot setting alone will also work. (Beware of fabrics damaged by high heat.)
- 2. Bedside night stands; bureaus and closets need to be emptied. Place the contents in sealed plastic
- 3. Wash and dry all clothing and then seal articles in a tightly closed plastic bag. Place bags with clean clothes in the bathtub, or other places away from infested areas which may not need treatment.
- 4. Remove all storage from the floor of the living room and bedrooms.
- 5. Furniture should be moved at least 18 inches away from walls to provide access for inspection and
- 6. Pets, including fish and birds should be removed, or covered to protect them.
- 7. Remove food items from rooms to be treated.
- 8. All rooms and closets should be left unlocked to allow for inspection and treatment.
- 9. In heavily infested homes and apartments, carpeting should be untacked and rolled back at the edges, and cove molding removed for treatment.
- 10. The bathroom should be left empty in heavily infested situations, as it may also need treatment.
- 11. Do not use aerosol insecticide sprays. This may chase the insects into new hiding areas and may cause them to spread in your home, and to neighboring units.
- 12. Arrange to be out of your home during treatment and a period immediately after treatment to allow treated areas to dry and odors that may be present to dissipate.

NOTE: The amount of assistance and cooperation residents provide directly influences the quality of the treatment and the level of bed bug control. The fabric covering underneath upholstered fumiture and box springs may be removed to allow for inspection and treatment, unless residents request otherwise. Let the management office know if removing or puncturing the underneath fabric cover is not acceptable. Objects may be removed from the wall for inspection and treatment by service personnel. Residents should remove delicate and valuable objects. Valuables should be put away where they will be safe, or completely removed. Bed frames will be taken apart for treatment. They may be re-assembled on re-occupying your home. Wall-to-wall carpeting should be un-tacked at the edges for After the Treatment:

- 13. Allow mattresses, box springs and other treated areas to dry before reassembling the room. Opening windows, and turning on heat or air conditioning will help things dry quicker. Beware of freezing in the
- 14. Avoid bringing infested furniture, mattresses, box springs and bed frames home.
- 15. Inspect and vacuum-clean luggage when returning home from trips, or when having visitors.
- 16. Wrapping pillows, mattresses and box springs in zippered, bed bug proof bags will protect these articles and keep them clean and bed bug free.
- 17. Follow-up visits to heavily infested homes should immediately be scheduled. (within the following 2-3 weeks). Full re-treatments should be made with complete preparations as described above.
- 18. Lightly infested residences should be re-inspected within 2-3 weeks and spot treated, where
 - 19. Climb Up bed bug monitors may be installed under legs of beds. These devices contain a nontoxic dust and trap insects that may be present. If you notice such devices, bedding and dust ruffles should not be in contact with the floor and the bed should not touch the wall for these devices to be effective monitoring tools. The Climb Ups are ineffective if the bed and bedding are in contact with the

^{*}Following the instructions in this document will assure you will receive the best possible treatment and results. Residents and occupants with concern about products that may be used, or have questions about the treatment should call the property management © 2013 Waltham Services