



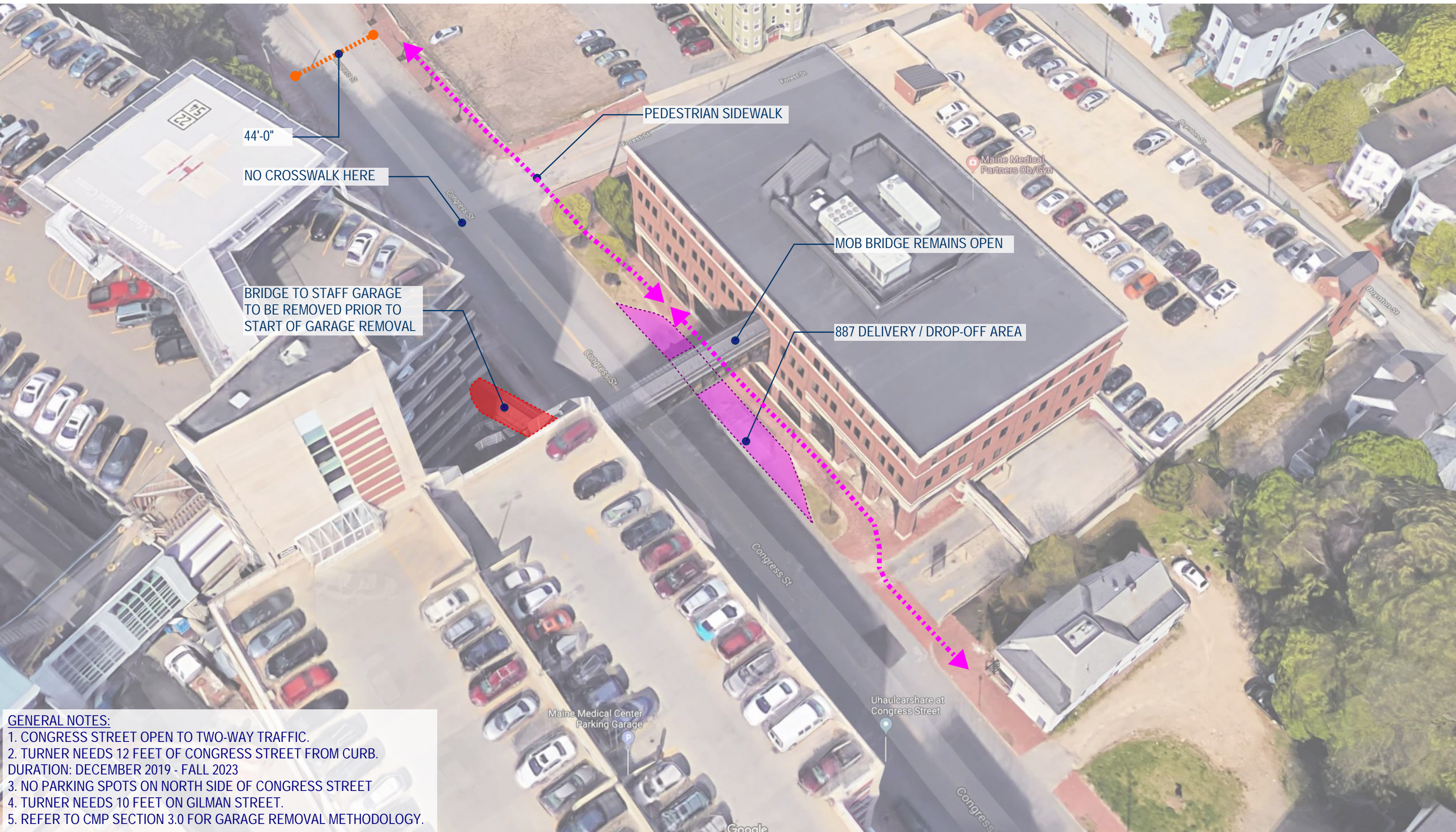
Maine Medical Center  
MaineHealth

CONSTRUCTION MANAGEMENT PLAN  
UPDATED [ 4-1-20 R2 ]

[ LOGISTICS PLANS & STUDIES ]  
CONGRESS STREET NEW CLINICAL TOWER





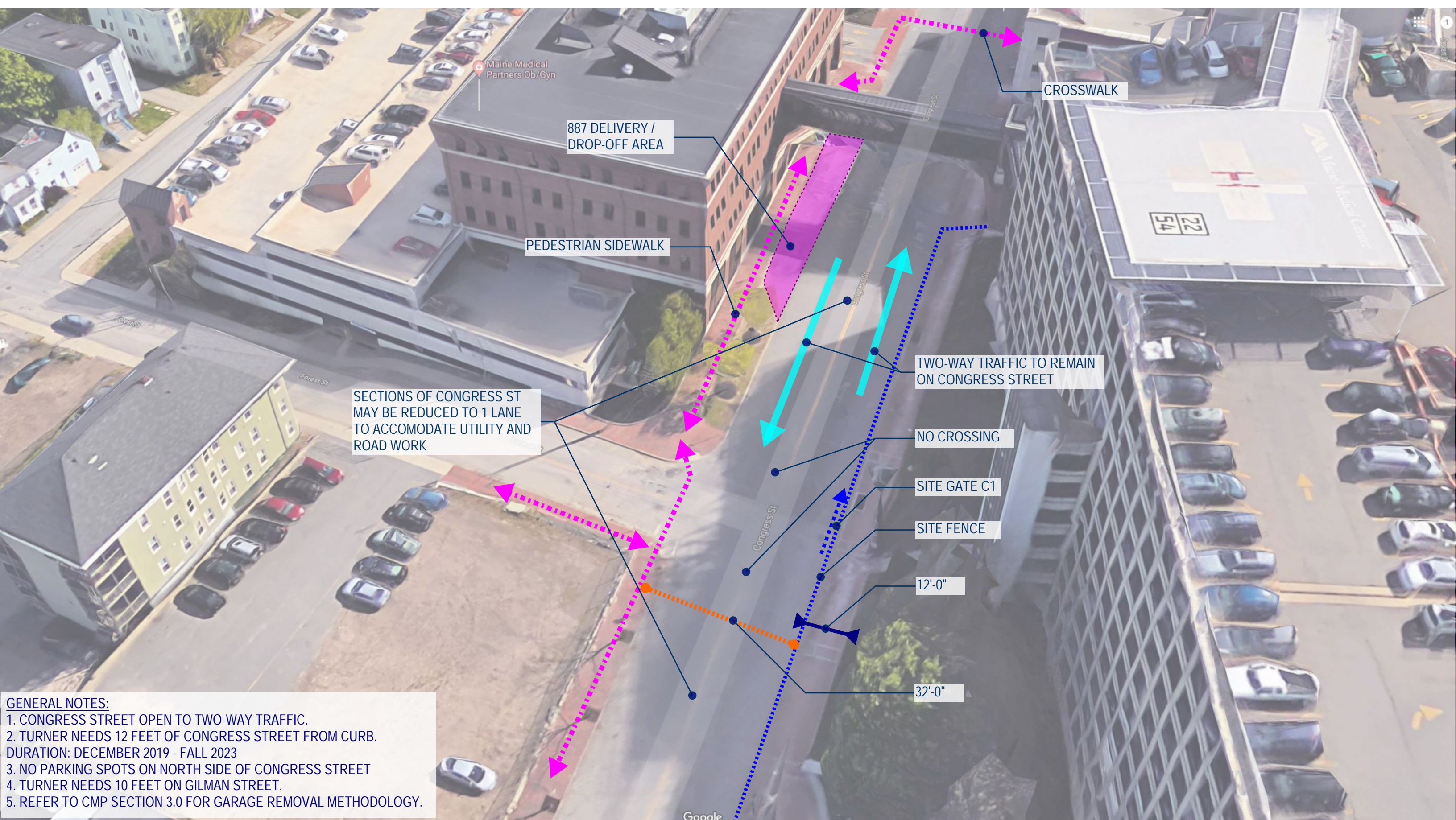


- GENERAL NOTES:**
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  2. TURNER NEEDS 12 FEET OF CONGRESS STREET FROM CURB.
- DURATION: DECEMBER 2019 - FALL 2023
3. NO PARKING SPOTS ON NORTH SIDE OF CONGRESS STREET
  4. TURNER NEEDS 10 FEET ON GILMAN STREET.
  5. REFER TO CMP SECTION 3.0 FOR GARAGE REMOVAL METHODOLOGY.

**CONGRESS STREET NEW CLINICAL TOWER**  
 Additions and Renovations [ 887 Delivery / Drop-Off ] CONGRESS STREET PEDESTRIAN ROUTING



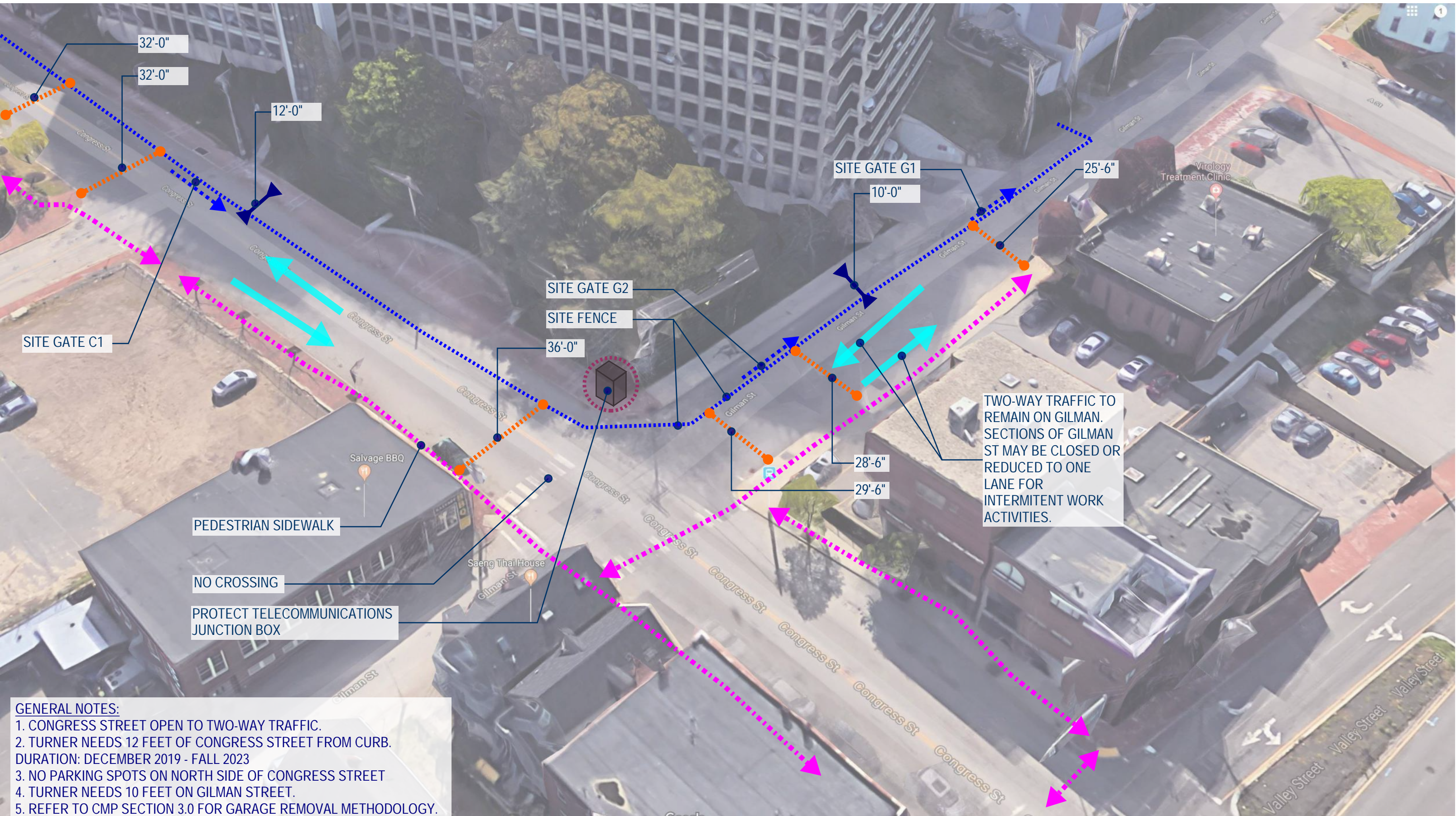




SECTIONS OF CONGRESS ST  
MAY BE REDUCED TO 1 LANE  
TO ACCOMODATE UTILITY AND  
ROAD WORK

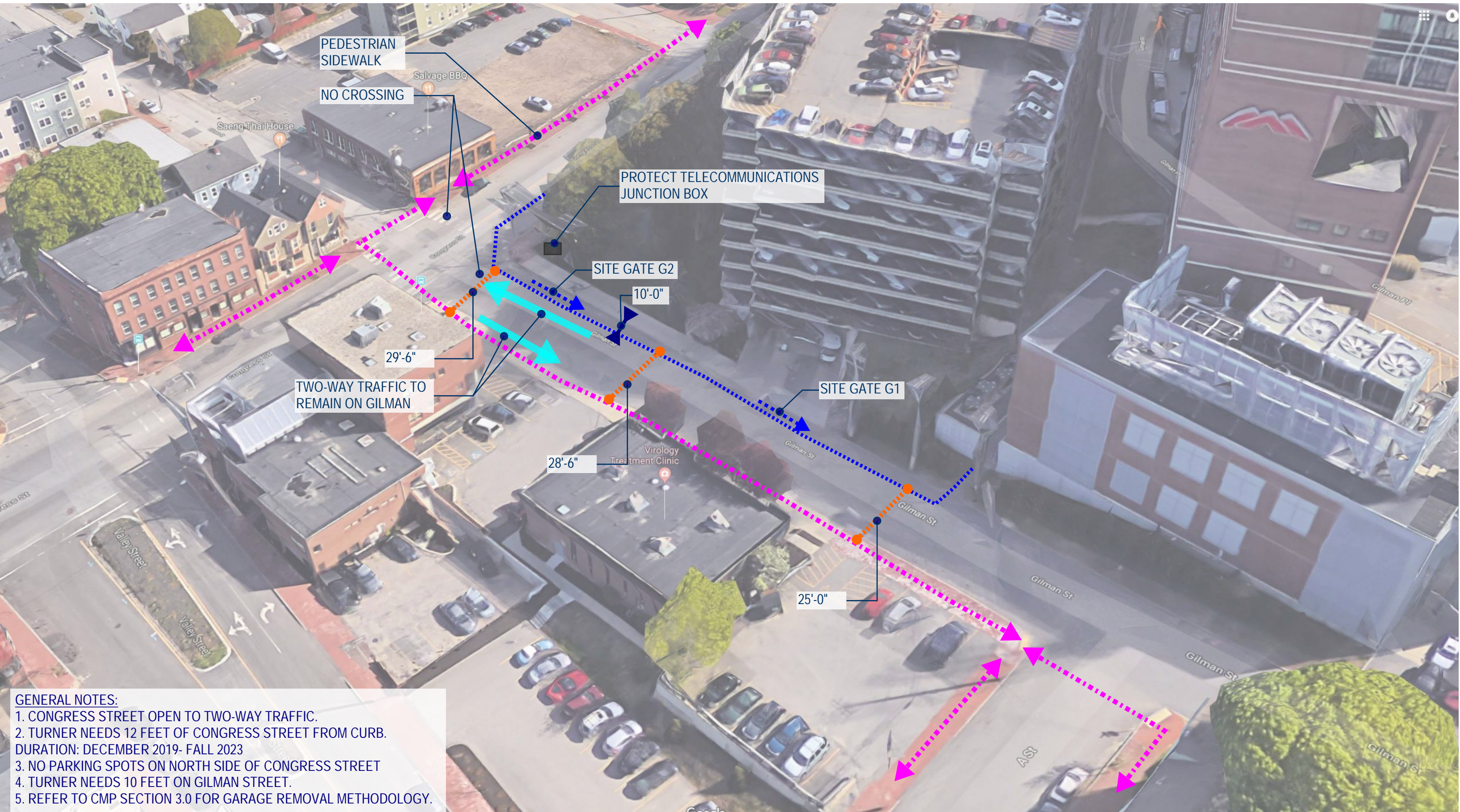
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**CONGRESS STREET NEW CLINICAL TOWER**  
 Additions and Renovations [ PEDESTRIAN ROUTING GIMAN & A STREET ]



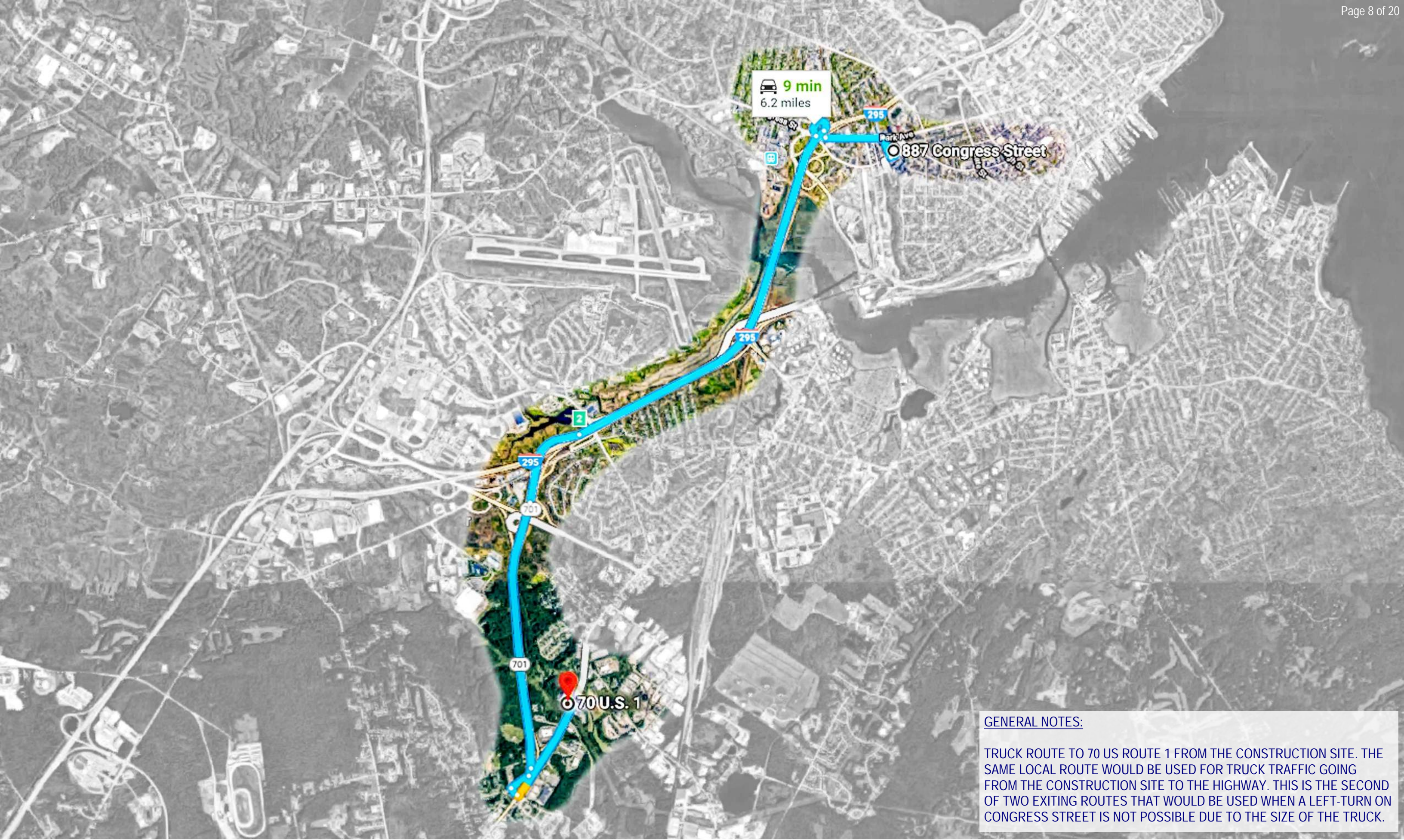






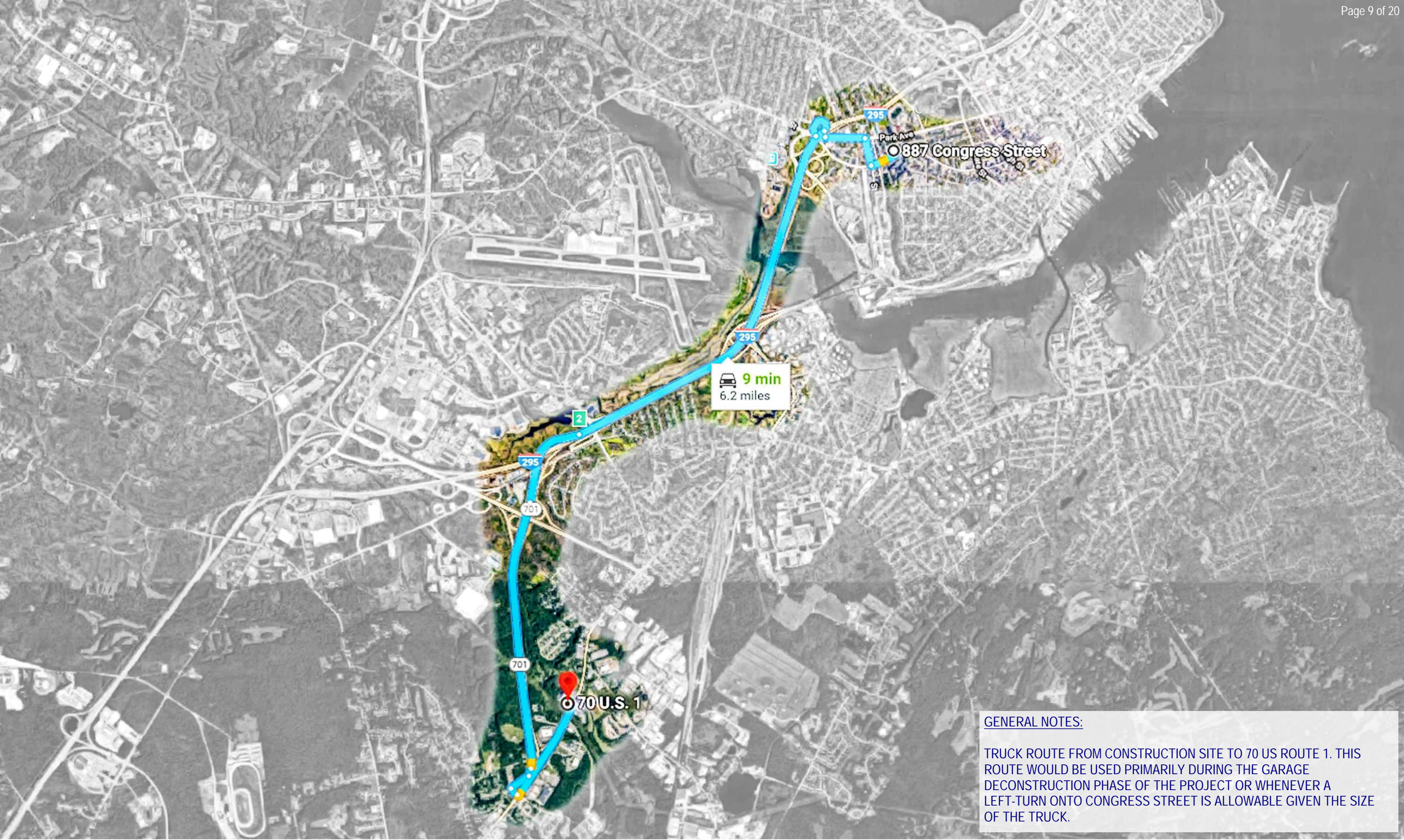






GENERAL NOTES:  
TRUCK ROUTE TO 70 US ROUTE 1 FROM THE CONSTRUCTION SITE. THE SAME LOCAL ROUTE WOULD BE USED FOR TRUCK TRAFFIC GOING FROM THE CONSTRUCTION SITE TO THE HIGHWAY. THIS IS THE SECOND OF TWO EXITING ROUTES THAT WOULD BE USED WHEN A LEFT-TURN ON CONGRESS STREET IS NOT POSSIBLE DUE TO THE SIZE OF THE TRUCK.

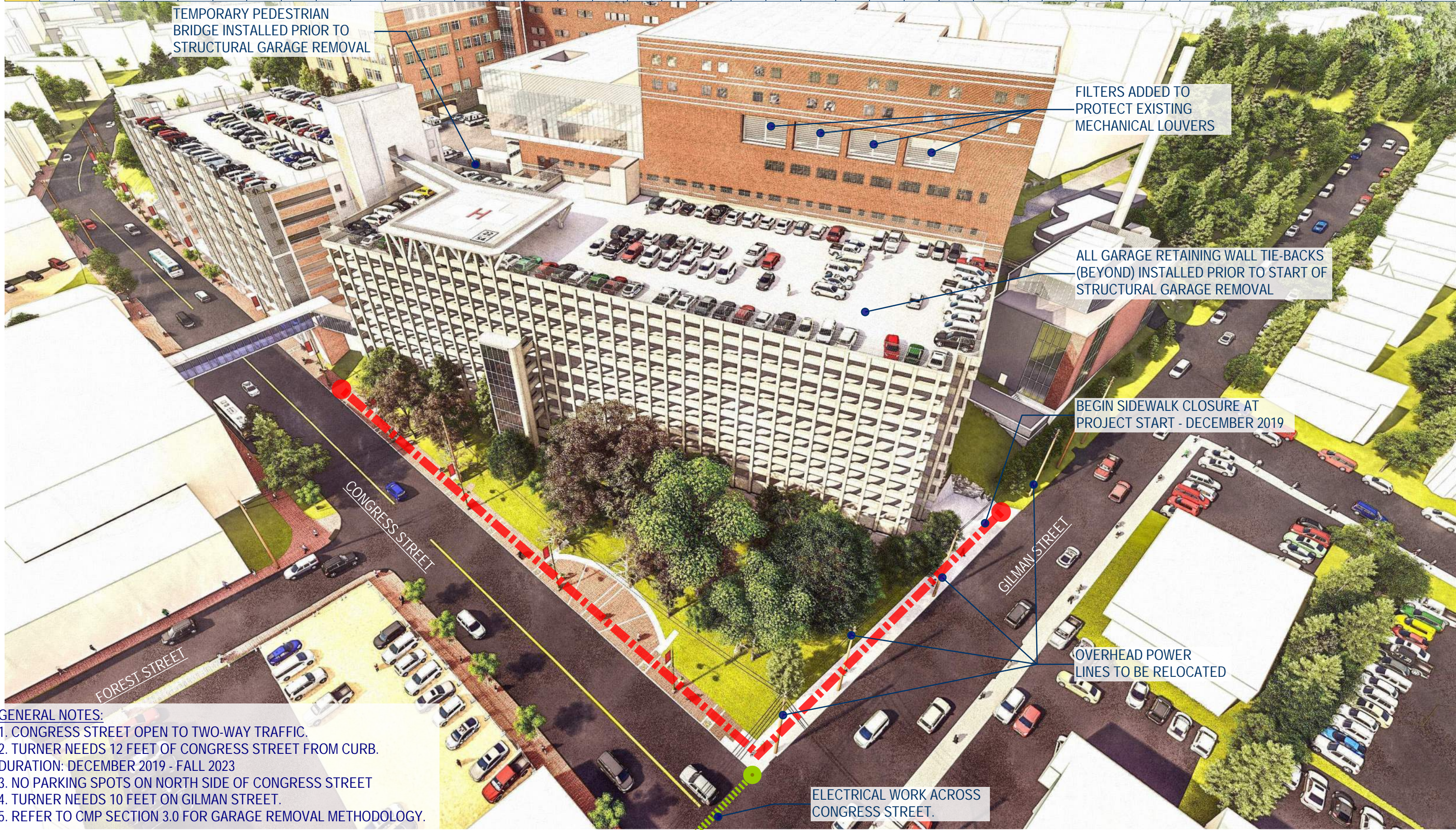




GENERAL NOTES:  
TRUCK ROUTE FROM CONSTRUCTION SITE TO 70 US ROUTE 1. THIS ROUTE WOULD BE USED PRIMARILY DURING THE GARAGE DECONSTRUCTION PHASE OF THE PROJECT OR WHENEVER A LEFT-TURN ONTO CONGRESS STREET IS ALLOWABLE GIVEN THE SIZE OF THE TRUCK.



2020												2021												2022												2023					
JAN.	FEB.	MARCH	APRIL	MAY	JUNE	JULY	AUG.	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	MAY	JUNE	JULY	AUG.	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	MAY	JUNE	JULY	AUG.	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	MAY	JUNE



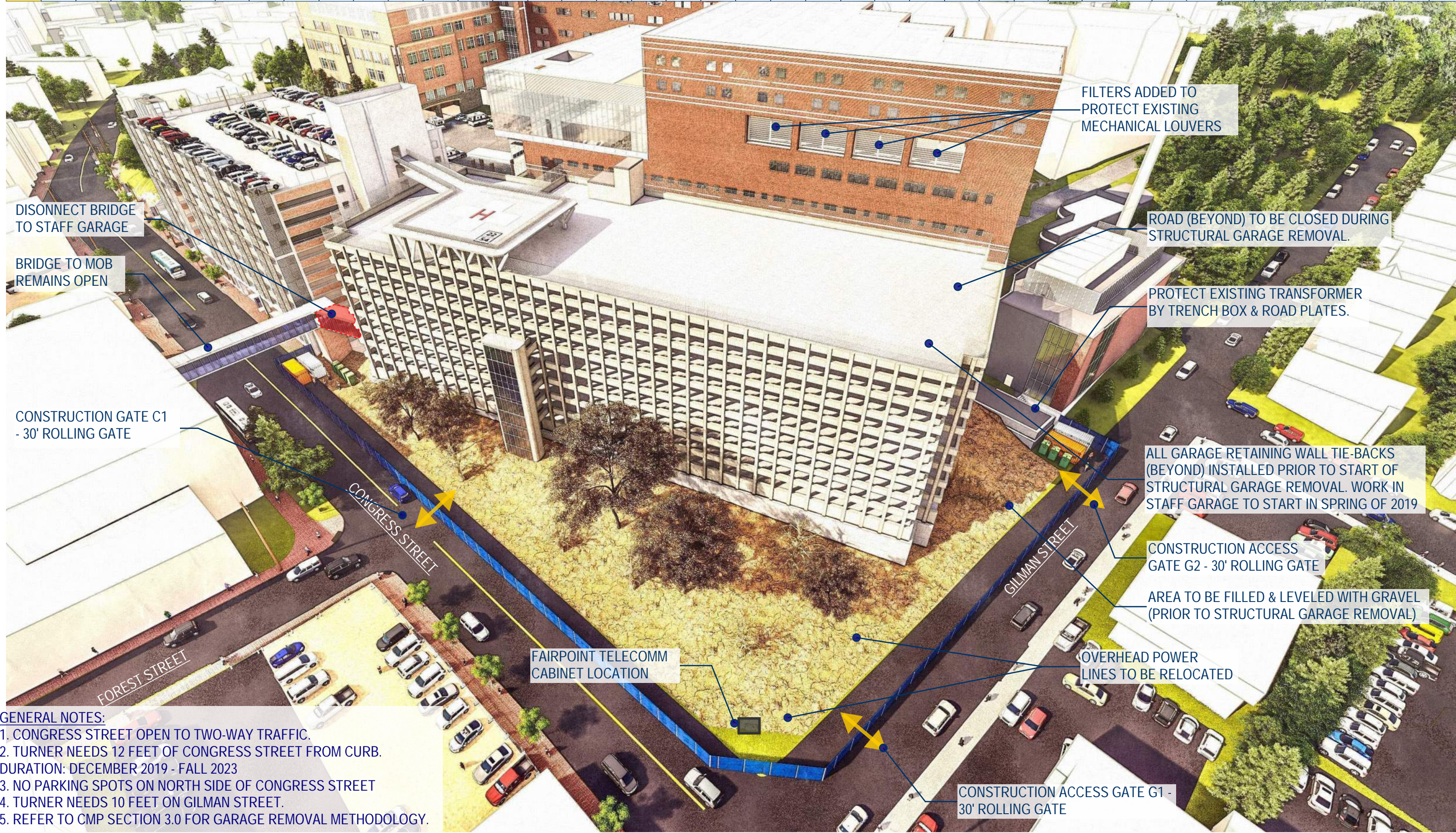
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**CONGRESS STREET NEW CLINICAL TOWER**  
 Additions and Renovations [ Structural Garage Removal Logistics Plan ]





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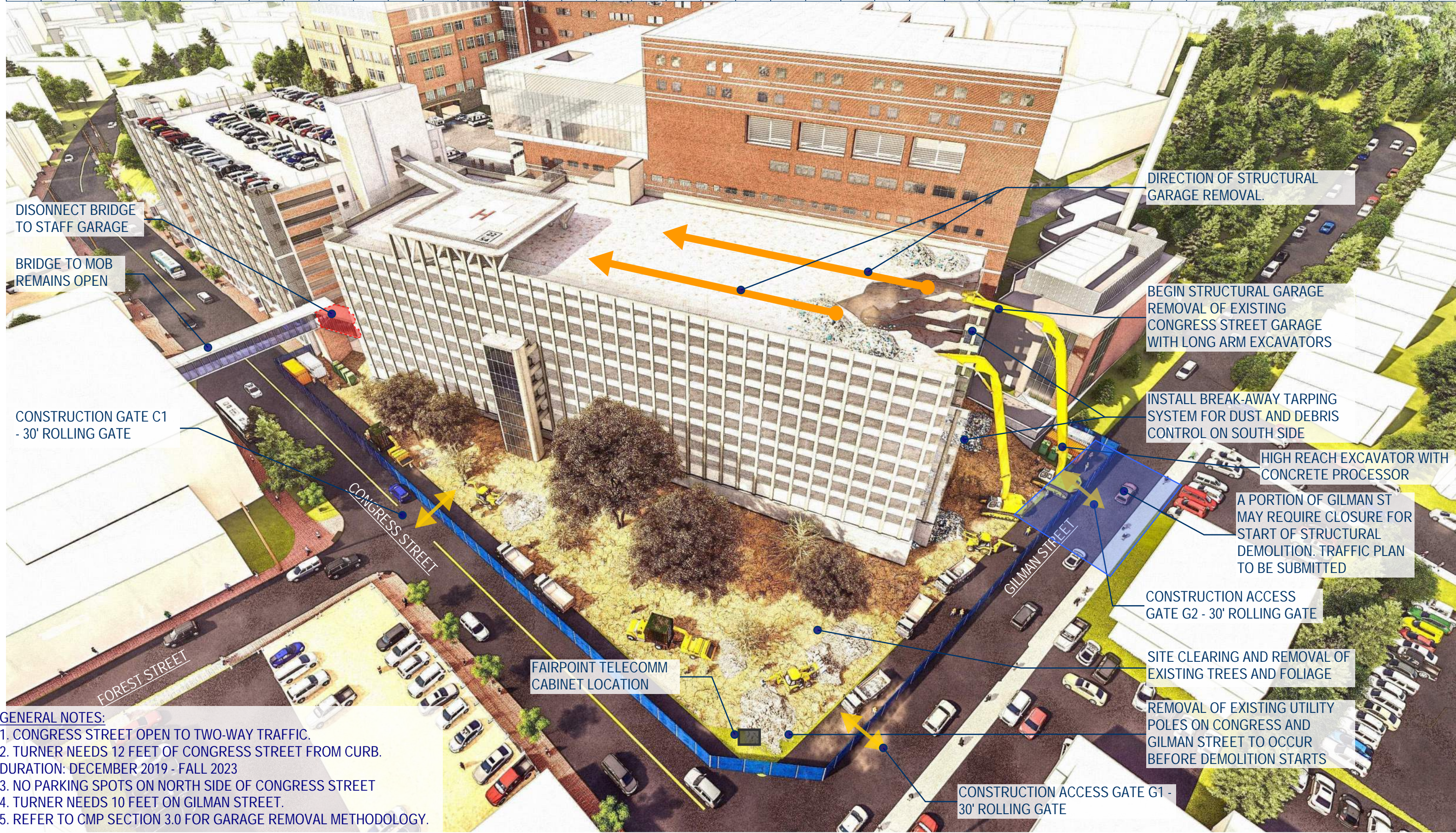
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DISONNECT BRIDGE TO STAFF GARAGE

BRIDGE TO MOB REMAINS OPEN

CONSTRUCTION GATE C1 - 30' ROLLING GATE

FAIRPOINT TELCOMM CABINET LOCATION

CONSTRUCTION ACCESS GATE G1 - 30' ROLLING GATE

DIRECTION OF STRUCTURAL GARAGE REMOVAL.

BEGIN STRUCTURAL GARAGE REMOVAL OF EXISTING CONGRESS STREET GARAGE WITH LONG ARM EXCAVATORS

INSTALL BREAK-AWAY TARPING SYSTEM FOR DUST AND DEBRIS CONTROL ON SOUTH SIDE

HIGH REACH EXCAVATOR WITH CONCRETE PROCESSOR

A PORTION OF GILMAN ST MAY REQUIRE CLOSURE FOR START OF STRUCTURAL DEMOLITION. TRAFFIC PLAN TO BE SUBMITTED

CONSTRUCTION ACCESS GATE G2 - 30' ROLLING GATE

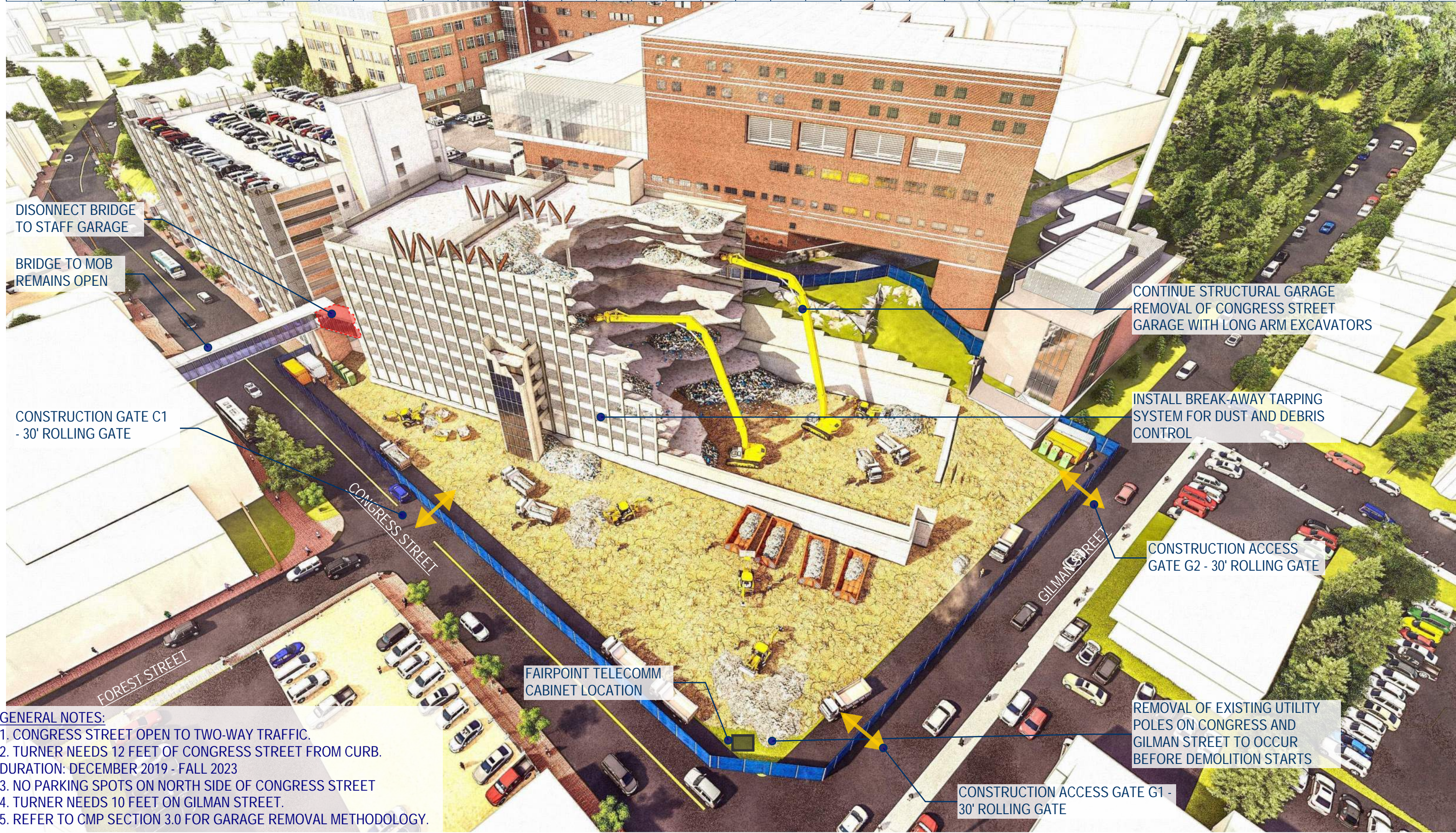
SITE CLEARING AND REMOVAL OF EXISTING TREES AND FOLIAGE

REMOVAL OF EXISTING UTILITY POLES ON CONGRESS AND GILMAN STREET TO OCCUR BEFORE DEMOLITION STARTS

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DISONNECT BRIDGE TO STAFF GARAGE

BRIDGE TO MOB REMAINS OPEN

CONSTRUCTION GATE C1 - 30' ROLLING GATE

CONTINUE STRUCTURAL GARAGE REMOVAL OF CONGRESS STREET GARAGE WITH LONG ARM EXCAVATORS

INSTALL BREAK-AWAY TARPING SYSTEM FOR DUST AND DEBRIS CONTROL

CONSTRUCTION ACCESS GATE G2 - 30' ROLLING GATE

FAIRPOINT TELCOMM CABINET LOCATION

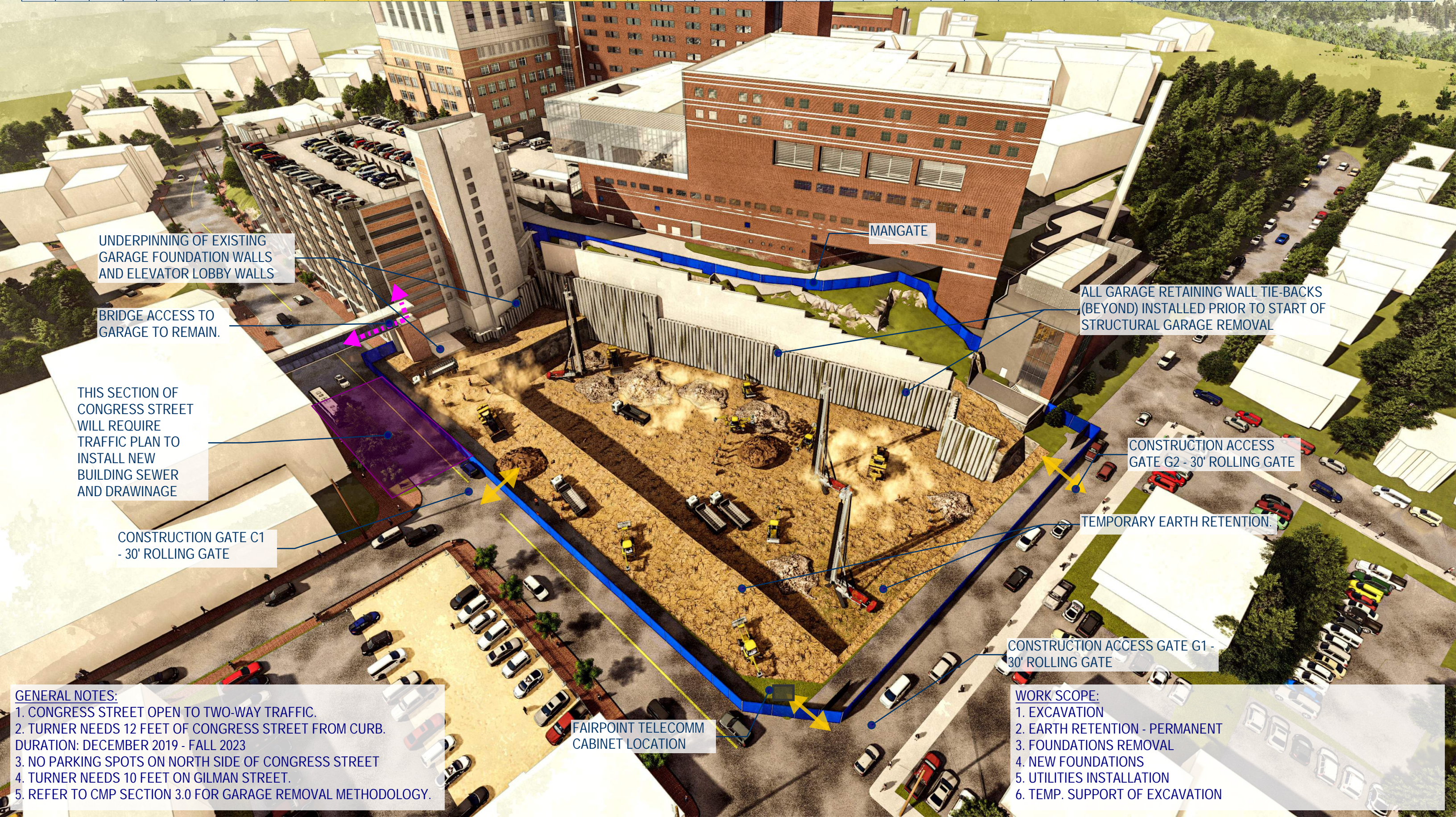
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UNDERPINNING OF EXISTING GARAGE FOUNDATION WALLS AND ELEVATOR LOBBY WALLS

BRIDGE ACCESS TO GARAGE TO REMAIN.

THIS SECTION OF CONGRESS STREET WILL REQUIRE TRAFFIC PLAN TO INSTALL NEW BUILDING SEWER AND DRAWNAGE

CONSTRUCTION GATE C1 - 30' ROLLING GATE

MANGATE

ALL GARAGE RETAINING WALL TIE-BACKS (BEYOND) INSTALLED PRIOR TO START OF STRUCTURAL GARAGE REMOVAL

CONSTRUCTION ACCESS GATE G2 - 30' ROLLING GATE

TEMPORARY EARTH RETENTION.

CONSTRUCTION ACCESS GATE G1 - 30' ROLLING GATE

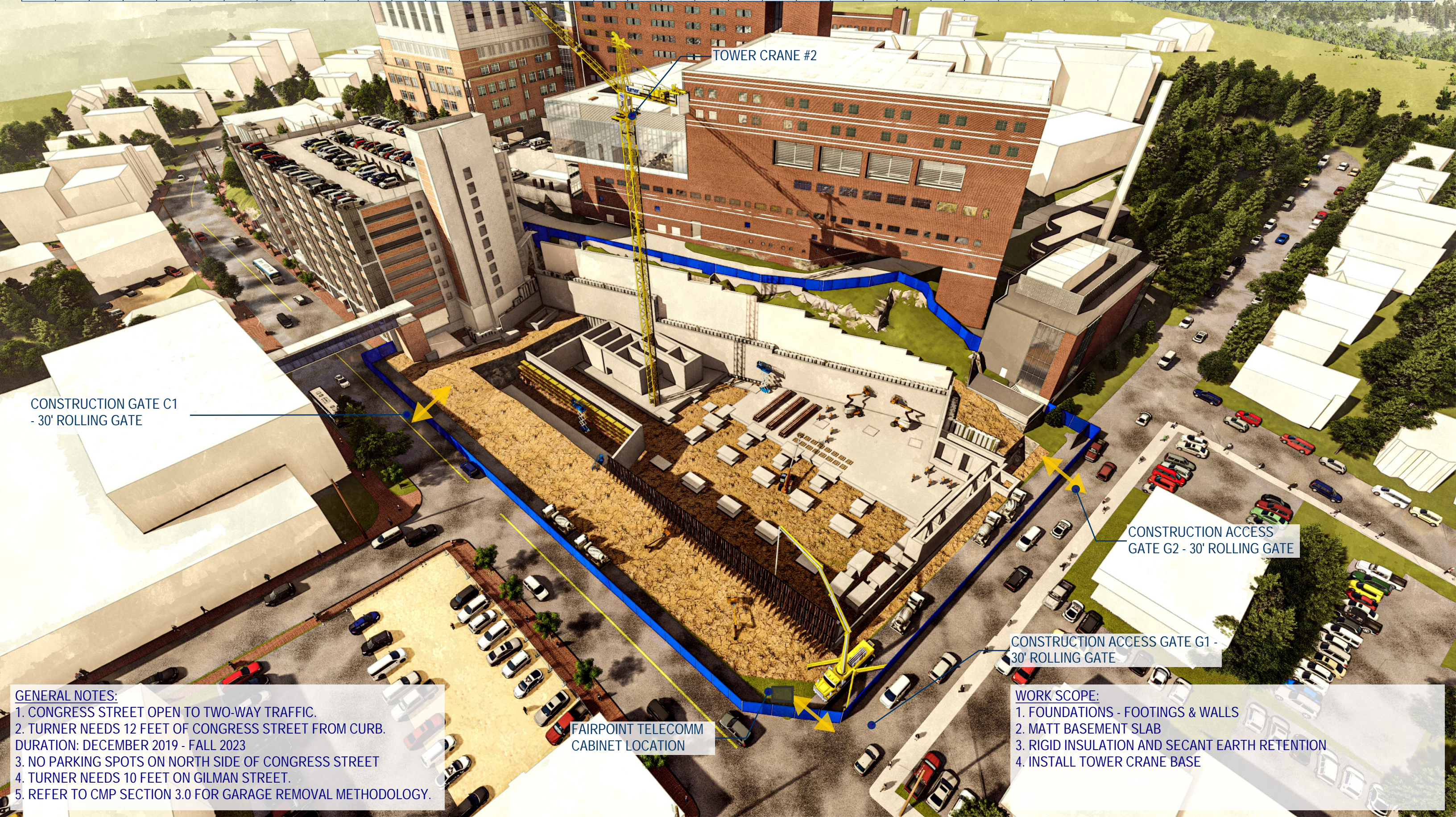
FAIRPOINT TELCOMM CABINET LOCATION

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**WORK SCOPE:**  
 1. EXCAVATION  
 2. EARTH RETENTION - PERMANENT  
 3. FOUNDATIONS REMOVAL  
 4. NEW FOUNDATIONS  
 5. UTILITIES INSTALLATION  
 6. TEMP. SUPPORT OF EXCAVATION



2020					2021							2022						2023											
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CONSTRUCTION GATE C1  
- 30' ROLLING GATE

TOWER CRANE #2

CONSTRUCTION ACCESS  
GATE G2 - 30' ROLLING GATE

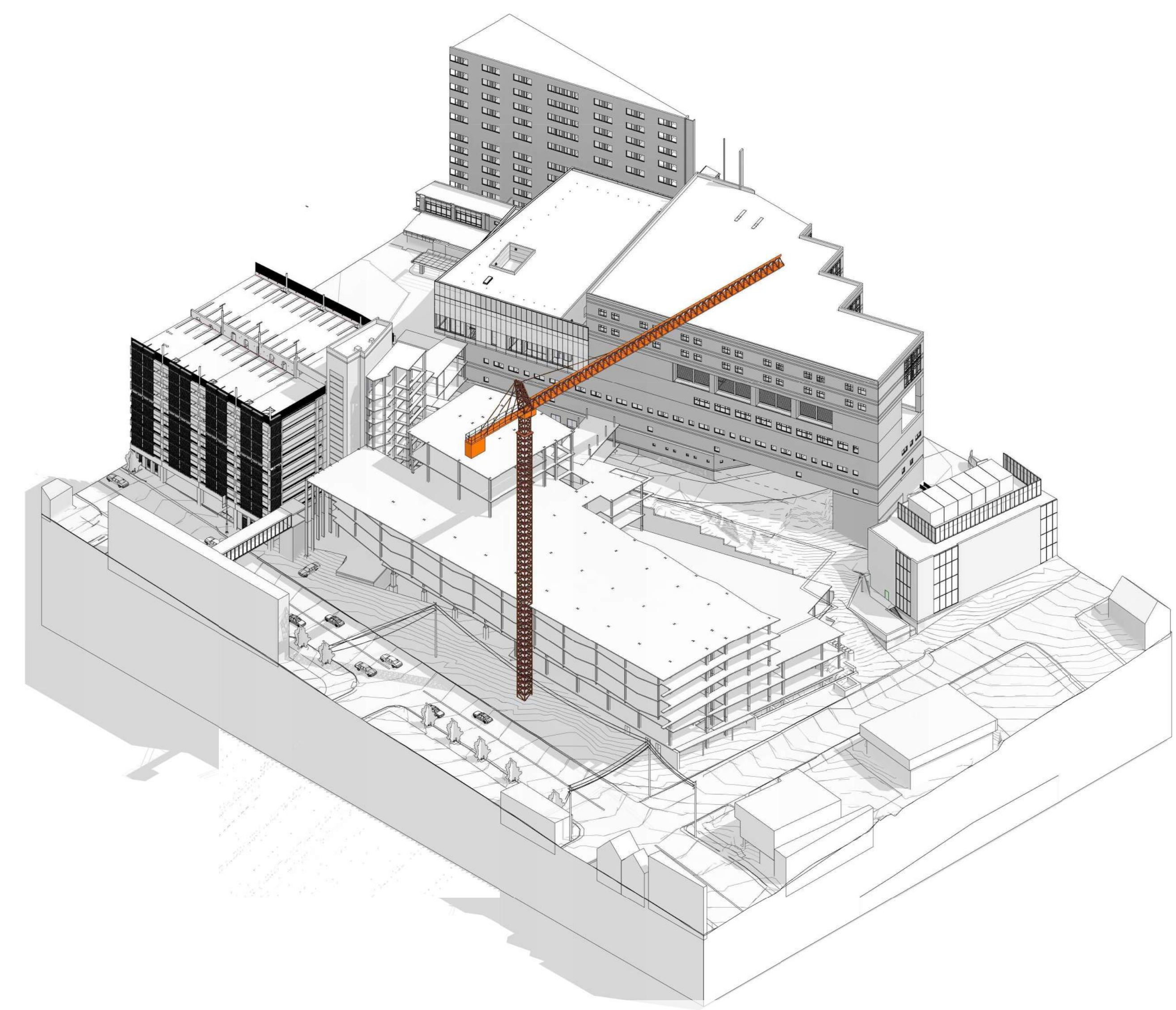
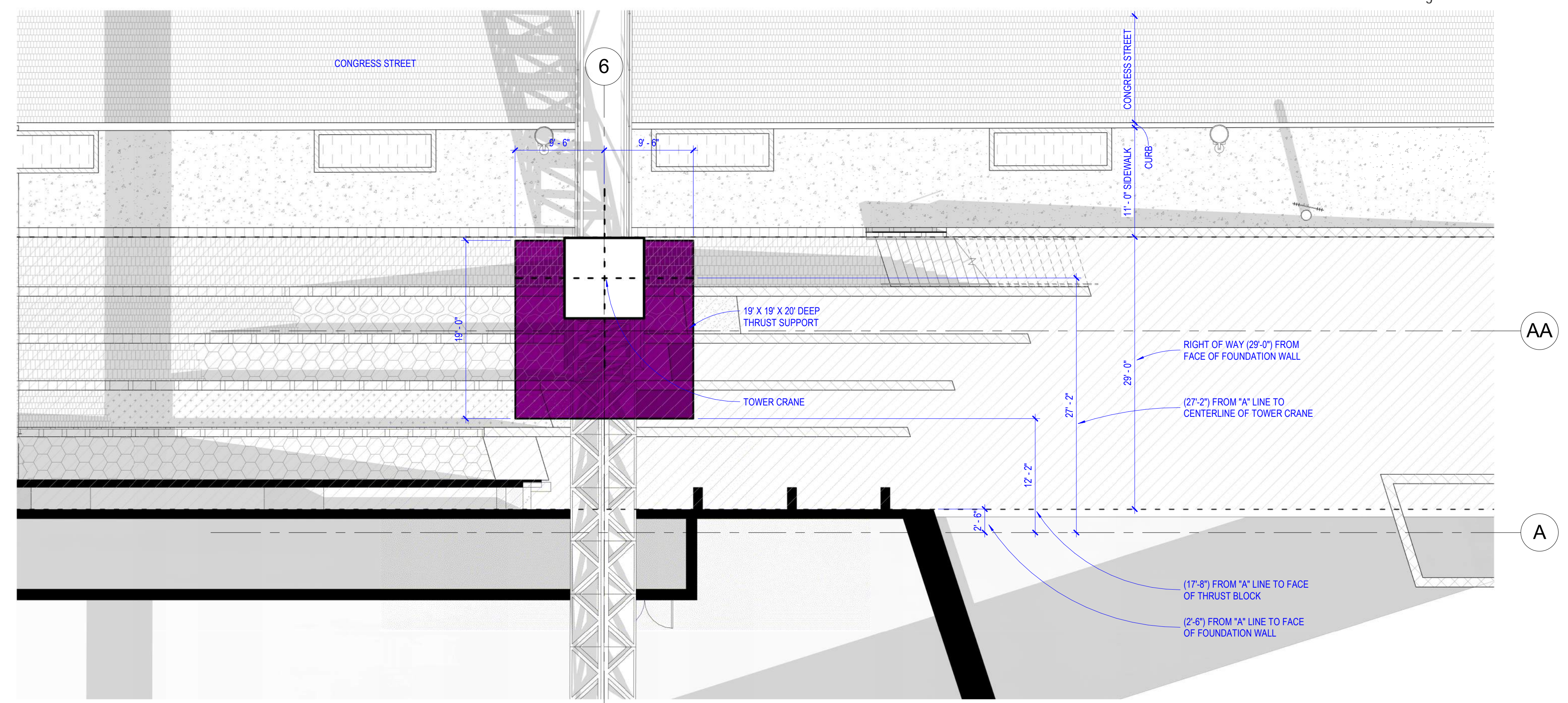
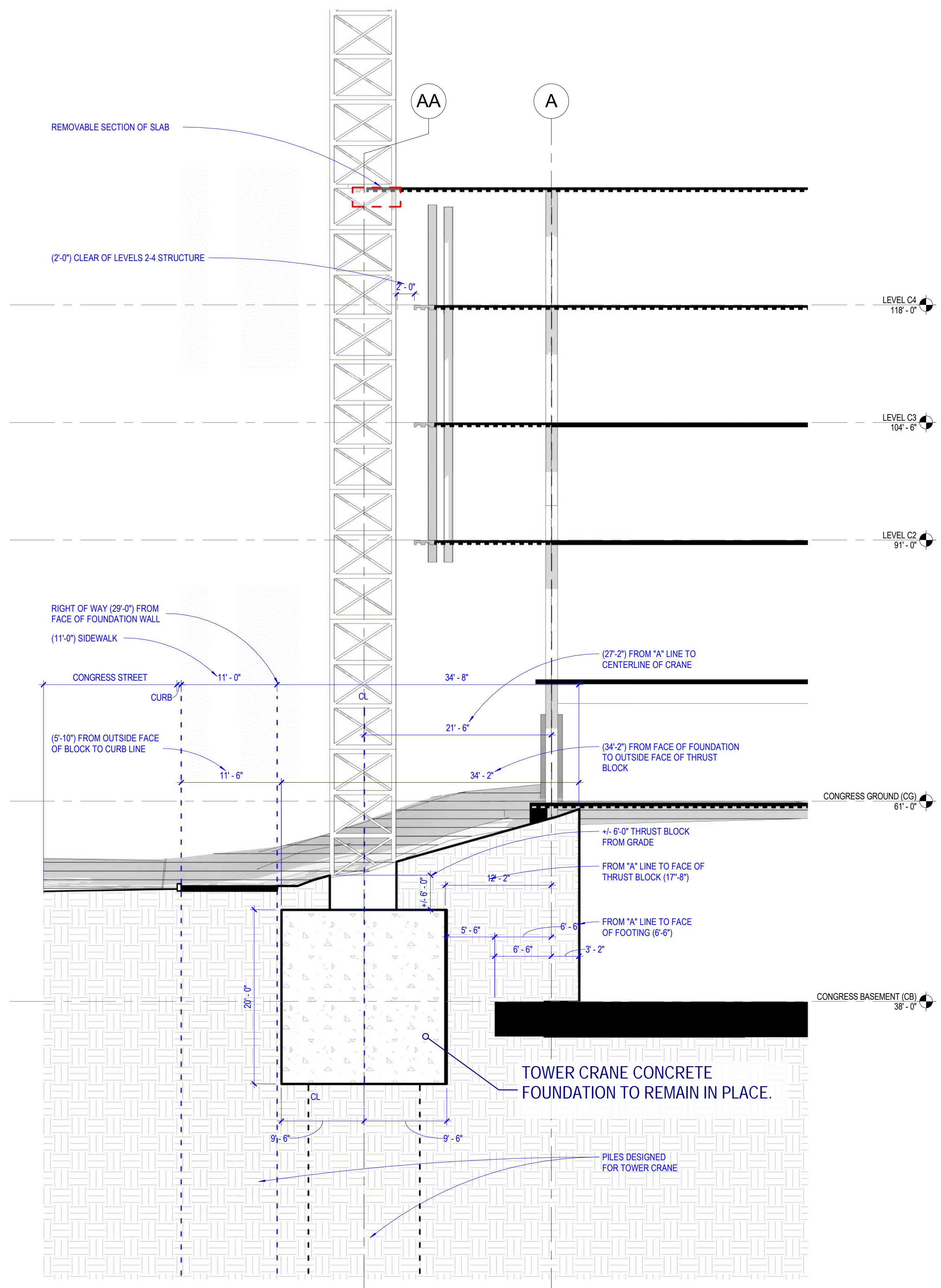
CONSTRUCTION ACCESS GATE G1 -  
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FAIRPOINT TELECOMM  
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- WORK SCOPE:**
1. FOUNDATIONS - FOOTINGS & WALLS
  2. MATT BASEMENT SLAB
  3. RIGID INSULATION AND SECANT EARTH RETENTION
  4. INSTALL TOWER CRANE BASE





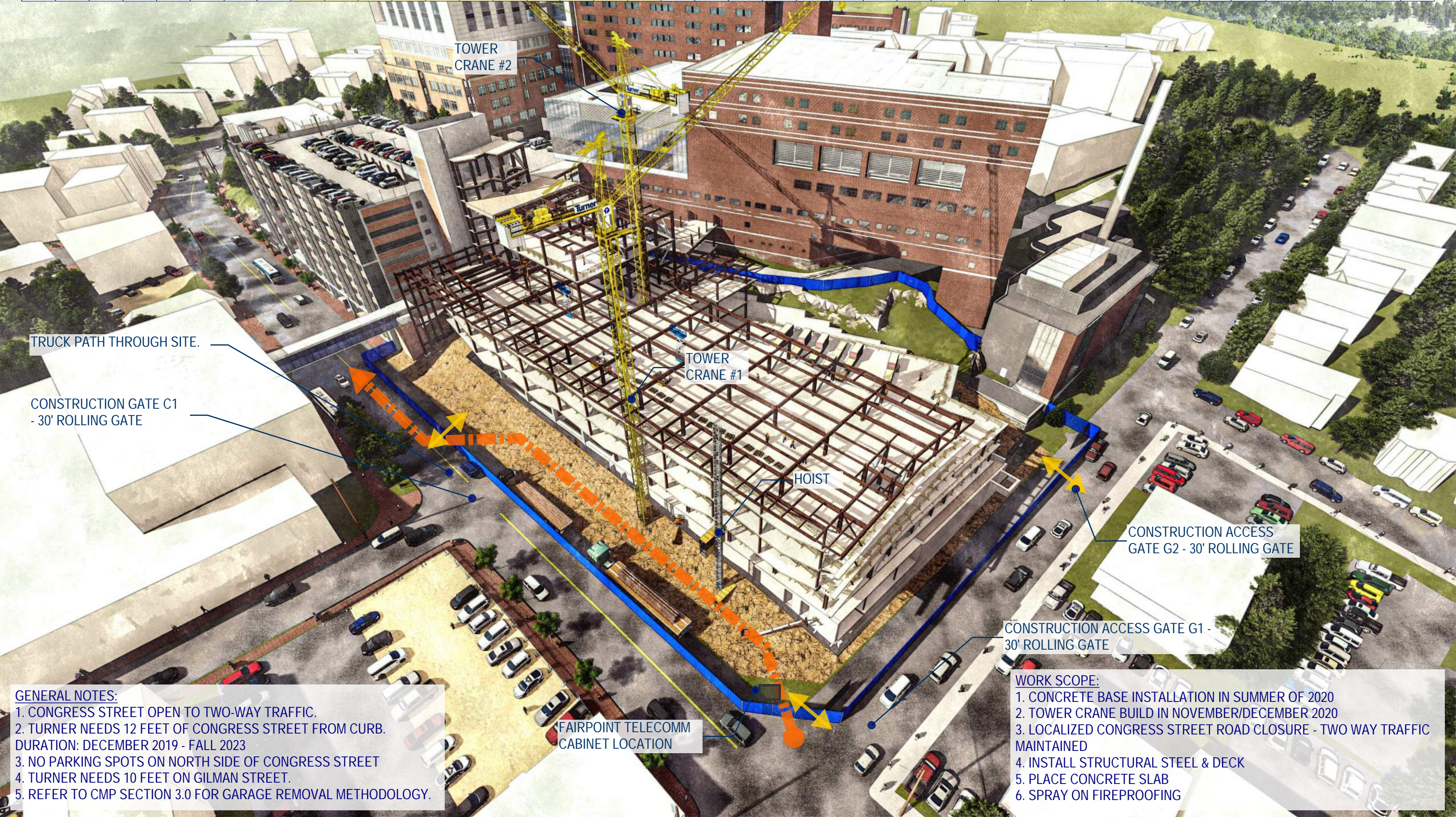
- WORK SCOPE:**
1. CONCRETE BASE INSTALLATION IN SUMMER OF 2021
  2. TOWER CRANE BUILD IN TC-1 AUGUST 2021; TC-2 FEBRUARY 2022
  3. LOCALIZED CONGRESS STREET ROAD CLOSURE - TWO WAY TRAFFIC MAINTAINED

**CONGRESS STREET NEW CLINICAL TOWER**  
 Congress Street Tower Crane Location & Detail [ Logistics Plan ]





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TRUCK PATH THROUGH SITE.

CONSTRUCTION GATE C1 - 30' ROLLING GATE

TOWER CRANE #2

TOWER CRANE #1

HOIST

CONSTRUCTION ACCESS GATE G2 - 30' ROLLING GATE

CONSTRUCTION ACCESS GATE G1 - 30' ROLLING GATE

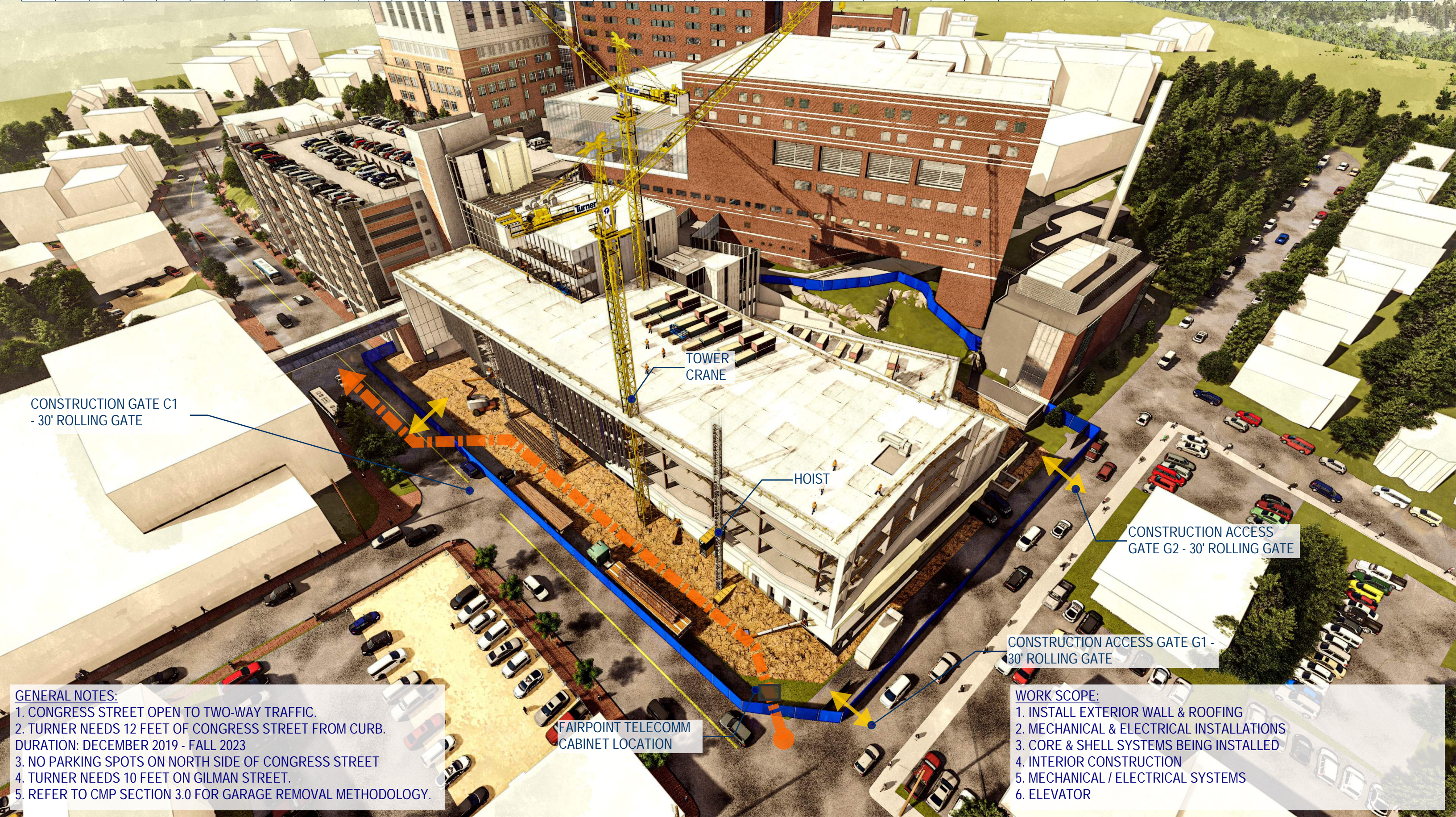
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**WORK SCOPE:**  
 1. CONCRETE BASE INSTALLATION IN SUMMER OF 2020  
 2. TOWER CRANE BUILD IN NOVEMBER/DECEMBER 2020  
 3. LOCALIZED CONGRESS STREET ROAD CLOSURE - TWO WAY TRAFFIC MAINTAINED  
 4. INSTALL STRUCTURAL STEEL & DECK  
 5. PLACE CONCRETE SLAB  
 6. SPRAY ON FIREPROOFING



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CONSTRUCTION GATE C1  
- 30' ROLLING GATE

TOWER  
CRANE

HOIST

CONSTRUCTION ACCESS  
GATE G2 - 30' ROLLING GATE

CONSTRUCTION ACCESS GATE G1 -  
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**WORK SCOPE:**  
 1. INSTALL EXTERIOR WALL & ROOFING  
 2. MECHANICAL & ELECTRICAL INSTALLATIONS  
 3. CORE & SHELL SYSTEMS BEING INSTALLED  
 4. INTERIOR CONSTRUCTION  
 5. MECHANICAL / ELECTRICAL SYSTEMS  
 6. ELEVATOR



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CONSTRUCTION GATE C1  
- 30' ROLLING GATE

CONSTRUCTION ACCESS  
GATE G2 - 30' ROLLING GATE

CONSTRUCTION ACCESS GATE G1 -  
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**WORK SCOPE:**  
 1. INTERIOR PATIENT ROOM FITOUT  
 2. CRITICAL CARE SUITES & ORs  
 3. MAIN LOBBY & PLUMBING SPACES FITOUT  
 4. SITE WORK AND HARDSCAPE



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**WORK SCOPE:**  
 1. INSPECTIONS  
 2. CLEANING  
 3. MEDICAL EQUIPMENT  
 4. SITE IMPROVEMENTS