City of Portland, Maine – Building or Use Permit Application 389 Congress Street, 04101, Tel: (207) 874-8703, FAX: 874-8716 Location of Construction: Owner: Phone: Permit No: 207-279-0949 Spring a factor was AL HAN Street #535 990997 Lessee/Buver's Name: Owner Address: Phone: BusinessName: 145 hish 86. #535 Tenner 1 1 1 5 Coron well being to be better Pern HERELANT ISSUE Contractor Name: Address: Phone: Σ/Λ COST OF WORK: PERMIT FEE: Past Use: Proposed Use: -30.00Commence Between 3 3 5 5 5 6 F INSPECTION: **FIRE DEPT.** □ Approved Use Group: 13 Type: 219 ☐ Denied BOCAGE Signature: Zoning Approval: Proposed Project Description: PEDESTRIAN ACTIVITIES DISTRICT (P. កស៊ុនស្គាល់ ទីកុំ ស្នាស់ ស្ត្រីស្នា ស្ត្រីស្នាល់ ដែលស្ថិតសម្តិសុខ និងសេសសុ Action: Approved Special Zone or Reviews: 5th floor Approved with Conditions: ☐ Shoreland + Denied ☐ Wetland . . . ☐ Flood Zone ☐ Subdivision Signature: Date: □ Site Plan maj □minor □mm □ Permit Taken By: Date Applied For: Sec. 1 . . 95 114 **Zoning Appeal** □ Variance This permit application does not preclude the Applicant(s) from meeting applicable State and Federal rules. ☐ Miscellaneous 2. Building permits do not include plumbing, septic or electrical work. □ Conditional Use Building permits are void if work is not started within six (6) months of the date of issuance. False informa-☐ Interpretation 3. ☐ Approved tion may invalidate a building permit and stop all work.. andres a car over \$540 □ Denied 347 blib Errort Suits 535 **Historic Preservation** Planting, Pr. Calli ☐ Not in District or Landmark □ Does Not Require Review PERMIT ISSUED ☐ Requires Review WITH REQUIREMENTS Action: CERTIFICATION ☐ Appoved ☐ Approved with Conditions I hereby certify that I am the owner of record of the named property, or that the proposed work is authorized by the owner of record and that I have been □ Denied authorized by the owner to make this application as his authorized agent and I agree to conform to all applicable laws of this jurisdiction. In addition, if a permit for work described in the application is issued, I certify that the code official's authorized representative shall have the authority to enter all Date: _ areas covered by such permit at any reasonable hour to enforce the provisions of the code(s) applicable to such permit SIGNATURE OF APPLICANT ADDRESS: DATE: PHONE:

White-Permit Desk Green-Assessor's Canary-D.P.W. Pink-Public File Ivory Card-Inspector

PHONE:

CEO DISTRICT

RESPONSIBLE PERSON IN CHARGE OF WORK, TITLE

BUILDING PERMIT REPORT

DATE: 2 Sept. 99 ADDRESS: 142 High ST. #535 CBL: \$39-A-\$16 REASON FOR PERMIT: Change of USC From Office To Mossage Thorapy BUILDING OWNER: Congress property Management Soruces			
REASON FOR PERMIT: Change of USC From OFFICE To Mossage Thorapy			
BUILDING OWNER: Congress property management Soruce's			
PERMIT APPLICANT: 1Contractor Ch 10 050 Healing Arts Contes			
USE GROUP CONSTRUCTION TYPE 2B			
The City's Adopted Building Code (The BOCA National Building Code/1996 with City Amendments) The City's Adopted Mechanical Code (The BOCA National Mechanical Code/1993)			
CONDITION(S) OF APPROVAL			
This permit is being issued with the understanding that the following conditions are met:			

Approved with the following conditions:

This permit does not excuse the applicant from meeting applicable State and Federal rules and laws.

Before concrete for foundation is placed, approvals from the Development Review Coordinator and Inspection Services must be obtained.

(A 24 hour notice is required prior to inspection)"

ALL LOT LINES SHALL BE CLEARLY MARKED

BEFORE CALLING."

- 3. Foundation drain shall be placed around the perimeter of a foundation that consists of gravel or crushed stone containing not more than 10 percent material that passes through a No. 4 sieve. The drain shall extend a minimum of 12 inches beyond the outside edge of the footing. The thickness shall be such that the bottom of the drain is not higher than the bottom of the base under the floor, and that the top of the drain is not less than 6 inches above the top of the footing. The top of the drain shall be covered with an approved filter membrane material. Where a drain tile or perforated pipe is used, the invert of the pipe or tile shall not be higher than the floor elevation. The top of joints or top of perforations shall be protected with an approved filter membrane material. The pipe or tile shall be placed on not less than 2" of gravel or crushed stone, and shall be covered with not less than 6" of the same material. Section 1813.5.2
- 4. Foundations anchors shall be a minimum of ½" in diameter, 7" into the foundation wall, minimum of 12" from corners of foundation and a maximum 6' o.c. between bolts. (Section 2305.17)
- 5. Waterproofing and dampproofing shall be done in accordance with Section 1813.0 of the building code.
- 6. Precaution must be taken to protect concrete from freezing. Section 1908.0
- 7. It is strongly recommended that a registered land surveyor check all foundation forms before concrete is placed. This is done to verify that the proper setbacks are maintained.
- 8. Private garages located beneath habitable rooms in occupancies in Use Group R-1, R-2, R-3 or I-1 shall be separated from adjacent interior spaces by fire partitions and floor/ceiling assembly which are constructed with not less than 1-hour fire resisting rating. Private garages attached side-by-side to rooms in the above occupancies shall be completely separated from the interior spaces and the attic area by means of ½ inch gypsum board or the equivalent applied to the garage side. (Chapter 4, Section 407.0 of the BOCA/1996)
- 9. All chimneys and vents shall be installed and maintained as per Chapter 12 of the City's Mechanical Code. (The BOCA National Mechanical Code/1993). Chapter 12 & NFPA 211
- 10. Sound transmission control in residential building shall be done in accordance with Chapter 12, Section 1214.0 of the City's Building Code.
- Guardrails & Handrails: A guardrail system is a system of building components located near the open sides of elevated walking surfaces for the purpose of minimizing the possibility of an accidental fall from the walking surface to the lower level. Minimum height all Use Groups 42", except Use Group R which is 36". In occupancies in Use Group A, B, H-4, I-1, I-2, M and R and public garages and open parking structures, open guards shall have balusters or be of solid material such that a sphere with a diameter of 4" cannot pass through any opening. Guards shall not have an ornamental pattern that would provide a ladder effect. (Handrails shall be a minimum of 3e4" but not more than 38". Use Group R-3 shall not be less than 30", but not more than 38".) Handrail grip size shall have a circular cross section with an outside diameter of at least 1 ¼" and not greater than 2". (Sections 1021 & 1022.0) Handrails shall be on both sides of stairway. (Section 1014.7)
- 12. Headroom in habitable space is a minimum of 7'6". (Section 1204.0)
- 13. Stair construction in <u>Use Group R-3 & R-4is a minimum of 10" tread and 7 %" maximum rise</u>. All other Use Group minimum 11" tread, 7" maximum rise. (Section 1014.0)
- 14. The minimum headroom in all parts of a stairway shall not be less than 80 inches. (6'8") 1014.4
- Every sleeping room below the fourth story in buildings of Use Groups R and I-1 shall have at least one operable window or exterior door approved for emergency egress or rescue. The units must be operable from the inside without the use of special knowledge or separate tools. Where windows are provided as means of egress or rescue they shall have a sill height not more than 44 inches (1118mm) above the floor. All egress or rescue windows from sleeping rooms shall have a minimum net clear opening height dimension of 24 inches (610mm). The minimum net clear opening width dimension shall be 20 inches (508mm), and a minimum net clear opening of 5.7 sq. ft. (Section 1018.6)

THIS IS NOT A PERMIT/CONSTRUCTION CANNOT COMMENCE UNTIL THE PERMIT IS ISSUED

Building or Use Permit Pre-Application Additions/Alterations/Accessory Structures

To Detached Single Family Dwelling

In the interest of processing your application in the quickest possible manner, please complete the Information below for a Building or Use Permit.

NOTE**If you or the property owner owes real estate or personal property taxes or user charges on any property within the City, payment arrangements must be made before permits of any kind are accepted.

Location/Address of Construction: 142 High 57	#535		
Tax Assessor's Chart, Block & Lot Number Chart# 039 Block# A Lot# 016	Owner: CONGRESS Pro		Telephone#: 2078796944
Owner's Address:	MEIZH40 AMS	ese Upaling Cost Center \$	Of Work: Fee \$30
Proposed Project Description:(Please be as specific as possible)	Sprage of	sures	from
Contractor's Name, Address & Telephone	3	Record By:	UB
2) A Copy of y 3) A If there is expansion to the structure, a cor	ance with the 1996 B.O.C.A. In the in compliance with the Strict in the 1996 National Electricationing) installation must consupplication: ur Deed or Purchase and our Construction Contraction (Sample Attachn) (Site Plan)	Building Code as ame tate of Maine Plumbin al Code as amended apply with the 1993 Boundary with the 1993 Boundary if available ched) must include:	ended by Section 6-Art II. ng Code. by Section 6-Art III. OCA Mechanical Code. SENSTO: MEIZHAD 142 HIGH ST SUIP PMC 04101 533
 The shape and dimension of the lot, all exproperty lines. Structures include decks perpools, garages and any other accessory structures are considered and required zoning district setback 	orches, a bow windows cantilevoluctures.	er sections and roof ov	erhangs, as well as, sheds, par
4) Bui	lding Plans (Sample Atta	ached)	200
 A complete set of construction drawings s Cross Sections w/Framing details (included) Floor Plans & Elevations Window and door schedules 	•		
 Foundation plans with required drainage a Electrical and plumbing layout. Mechanic equipment, HVAC equipment (air handling) 	al drawings for any specialized		naces, chimneys, gas

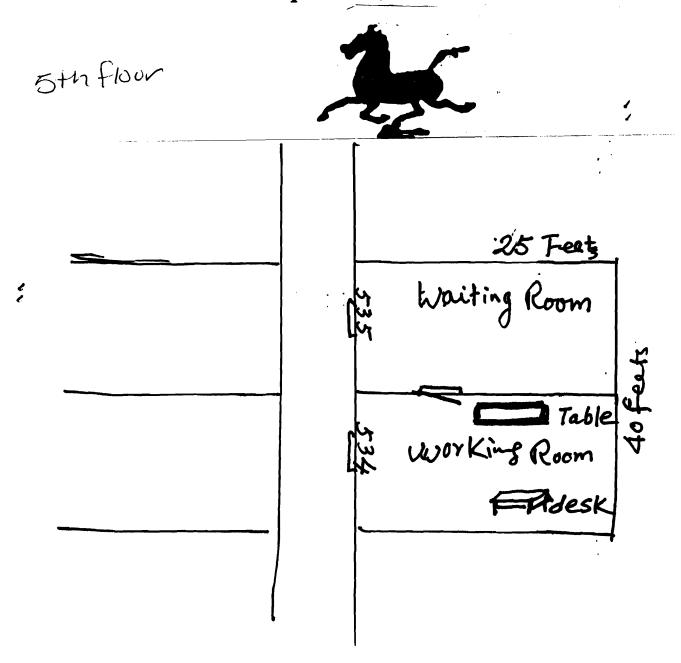
Certification

I hereby certify that I am the Owner of record of the named property, or that the proposed work is authorized by the owner of record and that I have been authorized by the owner to make this application as his/her authorized agent. I agree to conform to all applicable laws of this jurisdiction. In addition, if a permit for work described in this application is issued, I certify that the Code Official's authorized representative shall have the authority to enter all areas covered by this permit at any reasonable hour to enforce the provisions of the codes applicable to this permit.

codes applicable to this permit.					
Signature of applicant:	Thao andi I	4	Date: Sept	1 29	
Building Permit Fee:	\$30.00 for the 1s(\$1000	cost plus \$6.00 per \$1	,000.00 construction cos	st thereafter.	
O:\INSP\CORRESP\MNUGENT\APADSFD	D.WPD				

Chinese Healing Arts Center

142 High Street, #535 Portland, Maine 04101 Telephone: (207)775-**\$14**



Congress Property Management

PO Box 4211 Portland, Maine 04101 (207) 879-0949 August 26, 1999

> Ms. Nadine Williamson Office Manager Inspection Services City of Portland 389 Congress Street Portland ME 04101

Dear Ms. Williamson:

This is in reply to your letter to Ms. Mei Zhao of August 24, 1999, and her application for a business license for Suite 535 in the Congress Building, 142 High Street. The Congress Building is a multiple-use building at the corner of 142 High Street and 615 Congress Street with 80 plus suites, primarily used as office space, as well as retail spaces with their own individual addresses. Tenants in the upper floors (2nd through 6th floors) have used 142 High Street or 615 Congress Street, plus their suite numbers, as their mailing address. Ground floor space, such as the 142 High Street address, is a specific location of a deli shop/kiosk which has now been closed for 5 years. This is not the same physical location as Ms. Zhao's business.

Ms. Zhao has been licensed by the City of Portland and occupied Suite 535 for the past 8 years. A change of use building permit would not be accurate in her situation. She has the permission of Congress Property Management to continue in this profession in Suite 535 in the Congress Building.

We hope this helps to clear up this matter and thank you for assistance in issuing Ms. Zhao her business license.

Sincerely

Nicholas Kampf

President

16.	Each apartment shall have access to two (2) separate, remote and approved means of egress. A single exit is acceptable when it exits directly from the apartment to the building exterior with no communications to other apartment units. (Section 1010.1)
17.	All vertical openings shall be enclosed with construction having a fire rating of at least one (1) hour, including fire doors with self closer's. (Over 3 stories in height requirements for fire rating is two (2) hours.) (Section 710.0)
18.	The boiler shall be protected by enclosing with (1)hour fire rated construction including fire doors and ceiling, or by providing automatic extinguishment. (Table 302.1.1)
19.	All single and multiple station smoke detectors shall be of an approved type and shall be installed in accordance with the provisions of the City's Building Code Chapter 9, Section 920.3.2 (BOCA National Building Code/1996), and NFPA 101 Chapter 18 &19. (Smoke detectors shall be installed and maintained at the following locations): • In the immediate vicinity of bedrooms
	• In all bedrooms
	• In each story within a dwelling unit, including basements
	In addition to the required AC primary power source, required smoke detectors in occupancies in Use Groups R-2, R-3 and I-1 shall receive power from a battery when the AC primary power source is interrupted. (Interconnection is required) Section 920.3.2.
20.	A portable fire extinguisher shall be located as per NFPA #10. They shall bear the label of an approved agency and be of an approved
20.	type. (Section 921.0)
21.	The Fire Alarm System shall maintained to NFPA #72 Standard.
22.	The Sprinkler System shall maintained to NFPA #13 Standard.
23.	All exit signs, lights and means of egress lighting shall be done in accordance with Chapter 10 Section & Subsections 1023.0 & 1024.0
	of the City's Building Code. (The BOCA National Building Code/1996)
24.	Section 25-135 of the Municipal Code for the City of Portland states, "No person or utility shall be granted a permit to excavate or open any street or sidewalk from the time of November 15 of each year to April 15 of the following year".
25.	The builder of a facility to which Section 4594-C of the Maine State Human Rights Act Title 5 MRSA refers, shall obtain a certification from a design professional that the plans commencing construction of the facility, the builder shall submit the certification the Division of Inspection Services.
26.	Ventilation shall meet the requirements of Chapter 12 Sections 1210.0 of the City's Building Code. (Crawl spaces & attics).
27.	All electrical, plumbing and HVAC permits must be obtained by a Master Licensed holders of their trade. No closing in of walls until all electrical (min.72 hours notice) and plumbing inspections have been done.
28.	All requirements must be met before a final Certificate of Occupancy is issued.
29.	All building elements shall meet the fastening schedule as per Table 2305.2 of the City's Building Code (the BOCA National Building Code/1996).
30.	Ventilation of spaces within a building shall be done in accordance with the City's Mechanical Code (The BOCA National Mechanical Code/1993). (Chapter M-16)
31.	Please read and implement the attached Land Use Zoning report requirements.
32.	Boring, cutting and notching shall be done in accordance with Sections 2305.4.4, 2305.5.1 and 2305.5.3 of the City's Building Code.
33.	Glass and glazing shall meet the requirements of Chapter 24 of the building code.
34.	All signage, shall be done in accordance with Section 3102.0 signs of the City's Building Code, (The BOCA National Building Code 1996).
35.	
26	
36.	

P. Samuel Hoffses, Building Inspector

McDongall, PFD Marge Schmuckal, Zoning Administrator

PSH 7/24/99

37.

38.

^{**}On the basis of plans submitted and conditions placed on these plans any deviations shall require a separate approval.

COMMENTS		
·		
7/2/2		
7/31/03 Firkil w/ currel Lesse	OK. FOR GO GIL	
	Inspection Record	Doto
	Type Foundation:	Date
	Framing:	
	Plumbing: Final:	

Other: _____



Department of Urban Development Joseph E. Gray, Jr.: Director

CITY OF PORTLAND

August 24, 1999

Mei Zhao 142 High Street, Suite 535 Portland, ME 04101

RE: Business License

CBL: 046-D-017

Dear Mr.Zhao:

I received your application for a business license for Massage Establishment/Therapy. I find in my microfiche research that this address' last use was that of a deli. Massage Therapy is permitted in the zone for this license but I see that you do not have a Change of Use permit. This license cannot be recommended for approval until you come in to City Hall, Room 315 and get a Change of Use permit.

Thank you for your anticipated cooperation in this matter.

colmally subs

Sincerely,

Nadine Beth Williamson

Office Manager

CITY OF PORTLAND, MAINE



Department of Building Inspection

Certificate of Occupancy

LOCATION 142 High St. #535

CBL 046 D031001

Issued to Gateway Holdings Llc /Chinese Healing Arts Center

Date of Issue 07/31/2003

— changed as to use under Building Permit No. 99-0997 , has had final inspection, has been found to conform substantially to requirements of Zoning Ordinance and Building Code of the City, and is hereby approved for occupancy or use, limited or otherwise, as indicated below.

PORTION OF BUILDING OR PREMISES

5th Floor Suite 535 142 High Street APPROVED OCCUPANCY

Change of Use from Office To massage Therapy Use Group B-3 Type b3 (Boca 1999)

Limiting Conditions:

None

This certificate sup certificate issued	persedes	
Approved:	on Rued	
(Date)	Inspector	Inspector of Ruildings

Notice: This certificate identifies lawful use of building or premises, and ought to be transferred from owner to owner when property changes hands. Copy will be furnished to owner or lessee for one dollar.



CITY: OF PORTLAND, MAINE

Department of Building Inspection

Certificate of Occupancy

LOCATION 142.High St. #535

CBL 046 D031001

Issued to Gateway Holdings Llc /Chinese Healing Arts Center

Date of Issue 07/31/2003

This is to certify that the building, premises, or part thereof, at the above location, built — altered — changed as to use under Building Permit No. 99-0997 —, has had final inspection, has been found to conform substantially to requirements of Zoning Ordinance and Building Code of the City, and is hereby approved for

occupancy or use, limited or otherwise, as indicated below.

ne City, and is hereby approved for

PORTION OF BUILDING OR PREMISES

5th Floor Suite 535 142 High Street APPROVED OCCUPANCY

Change of Use from Office To massage Therapy Use Group B-3 Type b3 (Boca 1999)

Limiting Conditions:

None

This certificate supersedes certificate issued

Approved:

(Date)

Instactor

Inspector of Buildings

Notice: This certificate identifies lawful use of building or premises, and ought to be transferred from owner to owner when property changes hands. Copy will be furnished to owner or lessee for one dollar.