

DISPLAY THIS CARD ON PRINCIPAL FRONTAGE OF WORK CITY OF PORTLAND

BUILDING INSPECTION

PERMIT

Please Read Application And Notes, If Any, Attached

Permit Number: 080881

PERMIT ISSUED

027 F011001

This is to certify that ONE MONUMENT WAY / Thibodeault Construction

has permission to Utilize Storage Area to expand existing private

AT 34 CITY CTR

provided that the person or persons firm or corporation accepting this permit shall comply with all of the provisions of the Statutes of Maine and of the Ordinances of the City of Portland regulating the construction, maintenance and use of buildings and structures, and of the application on file in this department.

Apply to Public Works for street line and grade if nature of work requires such information.

Classification of inspection must be given and when permission procedure before this building or part thereof is closed or services closed-in. 4 HOUR NOTICE REQUIRED.

A certificate of occupancy must be procured by owner before this building or part thereof is occupied.

OTHER REQUIRED APPROVALS

Fire Dept. Chris Cass

Health Dept. _____

Appeal Board _____

Other _____

Department Name

[Signature] 8/14/08

Director - Building & Inspection Services

PENALTY FOR REMOVING THIS CARD

City of Portland, Maine - Building or Use Permit Application

389 Congress Street, 04101 Tel: (207) 874-8703, Fax: (207) 874-8716

Permit No: 08-0881	Issue Date:	CBL: 027 F011001
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Location of Construction: 34 CITY CTR (17 Free St.)	Owner Name: ONE MONUMENT WAY LLC	Owner Address: ONE MONUMENT WAY	Phone: 207-773-0225
Business Name:	Contractor Name: Thibodeault Construction	Contractor Address: 497 Cramm Road Parsonsfield	Phone: 2077938905
Lessee/Buyer's Name	Phone:	Permit Type: Alterations - Commercial	Zone: B-3

Past Use: Commercial/Retail/Office Building	Proposed Use: Commercial/Retail/Office Building - Utilize Storage Area to expand existing Private Gym.	Permit Fee: \$70.00	Cost of Work: \$4,500.00	CEO District: 1
		FIRE DEPT: <input checked="" type="checkbox"/> Approved <input type="checkbox"/> Denied <i>See conditions</i>	INSPECTION: Use Group: B Type: 3B IBC 2003	

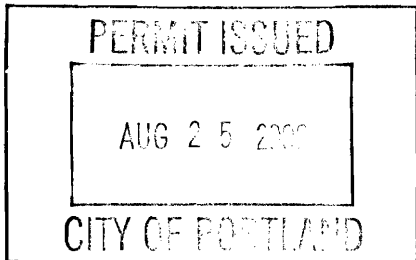
Proposed Project Description:
Utilize Storage Area to expand existing Private Gym.

Signature: *Gregory Carr*
Signature: *[Signature]*

PEDESTRIAN ACTIVITIES DISTRICT (P.A.D.)	
Action: <input type="checkbox"/> Approved <input type="checkbox"/> Approved w/Conditions <input type="checkbox"/> Denied	
Signature:	Date:

Permit Taken By: lmd	Date Applied For: 07/14/2008	Zoning Approval
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<p>1. This permit application does not preclude the Applicant(s) from meeting applicable State and Federal Rules.</p> <p>2. Building permits do not include plumbing, septic or electrical work.</p> <p>3. Building permits are void if work is not started within six (6) months of the date of issuance. False information may invalidate a building permit and stop all work..</p>	<p>Special Zone or Reviews</p> <p><input type="checkbox"/> Shoreland</p> <p><input type="checkbox"/> Wetland</p> <p><input type="checkbox"/> Flood Zone</p> <p><input type="checkbox"/> Subdivision</p> <p><input type="checkbox"/> Site Plan</p> <p>Maj <input type="checkbox"/> Minor <input type="checkbox"/> MM <input type="checkbox"/></p> <p><i>OK w/ conditions</i> Date: 8/5/08 <i>ABU</i></p>	<p>Zoning Appeal</p> <p><input type="checkbox"/> Variance</p> <p><input type="checkbox"/> Miscellaneous</p> <p><input type="checkbox"/> Conditional Use</p> <p><input type="checkbox"/> Interpretation</p> <p><input type="checkbox"/> Approved</p> <p><input type="checkbox"/> Denied</p> <p>Date:</p>	<p>Historic Preservation</p> <p><input checked="" type="checkbox"/> Not in District or Landmark</p> <p><input type="checkbox"/> Does Not Require Review</p> <p><input type="checkbox"/> Requires Review</p> <p><input type="checkbox"/> Approved</p> <p><input type="checkbox"/> Approved w/Conditions</p> <p><input type="checkbox"/> Denied</p> <p><i>ABU</i></p> <p>Date:</p>
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CERTIFICATION

I hereby certify that I am the owner of record of the named property, or that the proposed work is authorized by the owner of record and that I have been authorized by the owner to make this application as his authorized agent and I agree to conform to all applicable laws of this jurisdiction. In addition, if a permit for work described in the application is issued, I certify that the code official's authorized representative shall have the authority to enter all areas covered by such permit at any reasonable hour to enforce the provision of the code(s) applicable to such permit.

SIGNATURE OF APPLICANT	ADDRESS	DATE	PHONE
RESPONSIBLE PERSON IN CHARGE OF WORK, TITLE		DATE	PHONE

BUILDING PERMIT INSPECTION PROCEDURES

Please call 874-8703 or 874-8693 (ONLY)

to schedule your inspections as agreed upon

Permits expire in 6 months, if the project is not started or ceases for 6 months.

The Owner or their designee is required to notify the inspections office for the following inspections and provide adequate notice. Notice must be called in 48-72 hours in advance in order to schedule an inspection:

By initializing at each inspection time, you are agreeing that you understand the inspection procedure and additional fees from a "Stop Work Order" and "Stop Work Order Release" will be incurred if the procedure is not followed as stated below.

A Pre-construction Meeting will take place upon receipt of your building permit.


X Framing/Rough Plumbing/Electrical: Prior to Any Insulating or drywalling

X Final inspection required at completion of work.

Certificate of Occupancy is not required for certain projects. Your inspector can advise you if your project requires a Certificate of Occupancy. All projects DO require a final inspection.

If any of the inspections do not occur, the project cannot go on to the next phase, REGARDLESS OF THE NOTICE OR CIRCUMSTANCES.

CERIFICATE OF OCCUPANICES MUST BE ISSUED AND PAID FOR, BEFORE THE SPACE MAY BE OCCUPIED.



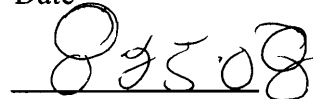
Signature of Applicant/Designee



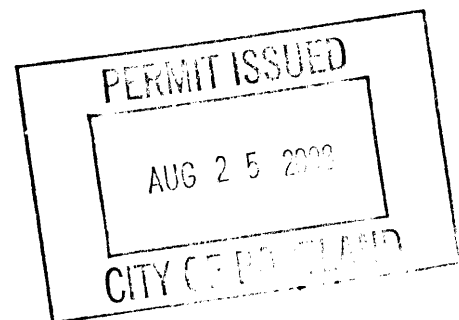
Date



Signature of Inspections Official



Date



City of Portland, Maine - Building or Use Permit

389 Congress Street, 04101 Tel: (207) 874-8703, Fax: (207) 874-8716

Permit No: 08-0881	Date Applied For: 07/14/2008	CBL: 027 F011001
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Location of Construction: 34 CITY CTR	Owner Name: ONE MONUMENT WAY LLC	Owner Address: ONE MONUMENT WAY	Phone: 207-773-0225
Business Name:	Contractor Name: Thibodeault Construction	Contractor Address: 497 Cramm Road Parsonsfield	Phone: (207) 793-8905
Lessee/Buyer's Name	Phone:	Permit Type: Alterations - Commercial	

Proposed Use: Commercial/Private gym - Utilize Storage Area to expand existing Private Gym.	Proposed Project Description: Utilize Storage Area to expand existing Private Gym.
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Dept: Zoning **Status:** Approved with Conditions **Reviewer:** Ann Machado **Approval Date:** 08/05/2008

Note: Permit #03-0583 allowed the change of use to the private gym. **Ok to Issue:**

- 1) This permit is being approved on the basis of plans submitted. Any deviations shall require a separate approval before starting that work.

Dept: Building **Status:** Approved with Conditions **Reviewer:** Tammy Munson **Approval Date:** 08/14/2008

Note: **Ok to Issue:**

- 1) The minimum ceiling height allowed is 7'-6".
- 2) All penetrations through rated assemblies must be protected by an approved firestop system installed in accordance with ASTM 814 or UL 1479, per IBC 2003 Section 712.
- 3) Separate permits are required for any electrical, plumbing, or HVAC systems. Separate plans may need to be submitted for approval as a part of this process.

Dept: Fire **Status:** Approved with Conditions **Reviewer:** Capt Greg Cass **Approval Date:** 08/08/2008

Note: Called to explain conditions 8-8-08 **Ok to Issue:**

- 1) The use of drop out ceiling tiles requires the entire ceiling to be a listed system. A compliance letter from the installer is required.
- 2) Emergency lights and exit signs are required
- 3) All means of egress to remain accessible at all times
- 4) The Fire alarm and Sprinkler systems shall be reviewed by a licensed contractor[s] for code compliance. Compliance letters are required.

Comments:

7/21/2008-lmd: Application date 7/14/2008, was waiting on further information that was received today.

General Building Permit Application


If you or the property owner owes real estate or personal property taxes or user charges on any property within the City, payment arrangements must be made before permits of any kind are accepted.

Location/Address of Construction: <u>One Monument Way (34 City Center, 17 Free Street)</u>		
Total Square Footage of Proposed Structure/Area <u>374 ft.</u>	Square Footage of Lot <u>15,161 ft.</u>	
Tax Assessor's Chart, Block & Lot Chart# Block# Lot# <u>027 F 011 001</u>	Applicant * must be owner, Lessee or Buyer* Name <u>Heidi Holley</u> Address <u>One Monument Way 2nd Floor</u> City, State & Zip <u>Portland, Me 04101</u>	Telephone: <u>207-773-0225</u> <u>207-347-0880</u>
Lessee/DBA (If Applicable) <u>Health Coaches Inc.</u>	Owner (if different from Applicant) Name <u>One Monument Way, LLC.</u> Address <u>One Monument Way</u> City, State & Zip <u>Portland, Me 04101</u>	Cost Of Work: <u>\$4500.00</u> C of O Fee: \$ _____ Total Fee: \$ _____
Current legal use (i.e. single family) <u>Retail/Office Building - private gym</u> JUL 14 2008 If vacant, what was the previous use? <u>Storage/Commercial</u> Proposed Specific use: <u>Expand Private Gym</u> Is property part of a subdivision? <u>No</u> If yes, please name _____ Project description: <u>Add one non-load bearing wall. Create opening to existing hallway. Add additional interior wood door.</u>		
Contractor's name: <u>Thibodeault Construction Inc.</u> Address: <u>497 Cramm Road</u> 8002 7 1 700 City, State & Zip: <u>Parsonsfield, Maine 04047</u> Telephone <u>207-432-6649</u> Who should we contact when the permit is ready: <u>Heidi Holley</u> Telephone <u>207-773-0225</u> Mailing address: <u>One Monument Way LLC, One Monument Way 2nd Floor, Portland ME 04101</u> <div style="text-align: right;"><u>Heidi</u> <u>CELL 347-0880</u></div>		

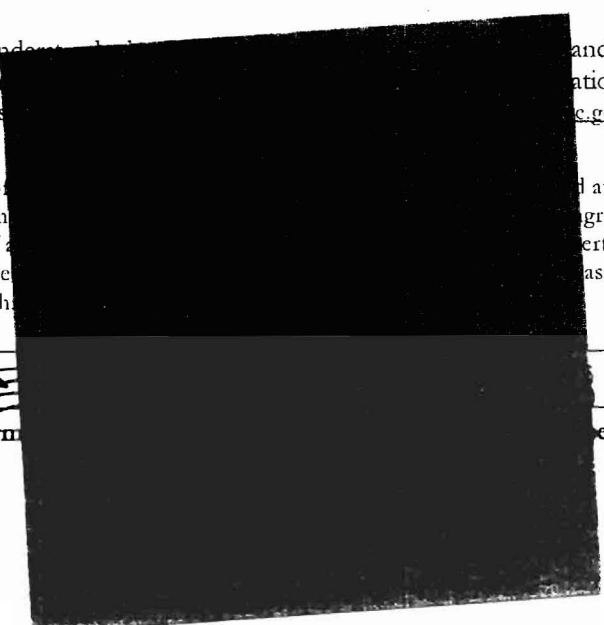
Please submit all of the information outlined on the applicable Checklist. Failure to do so will result in the automatic denial of your permit.

In order to be sure the City fully understands your application, the Planning and Development Department may request additional information. You may request information or to download copies of this form and other applications visit www.ci.portland.me.us, or stop by the Inspections Division office, room 315 City Hall or

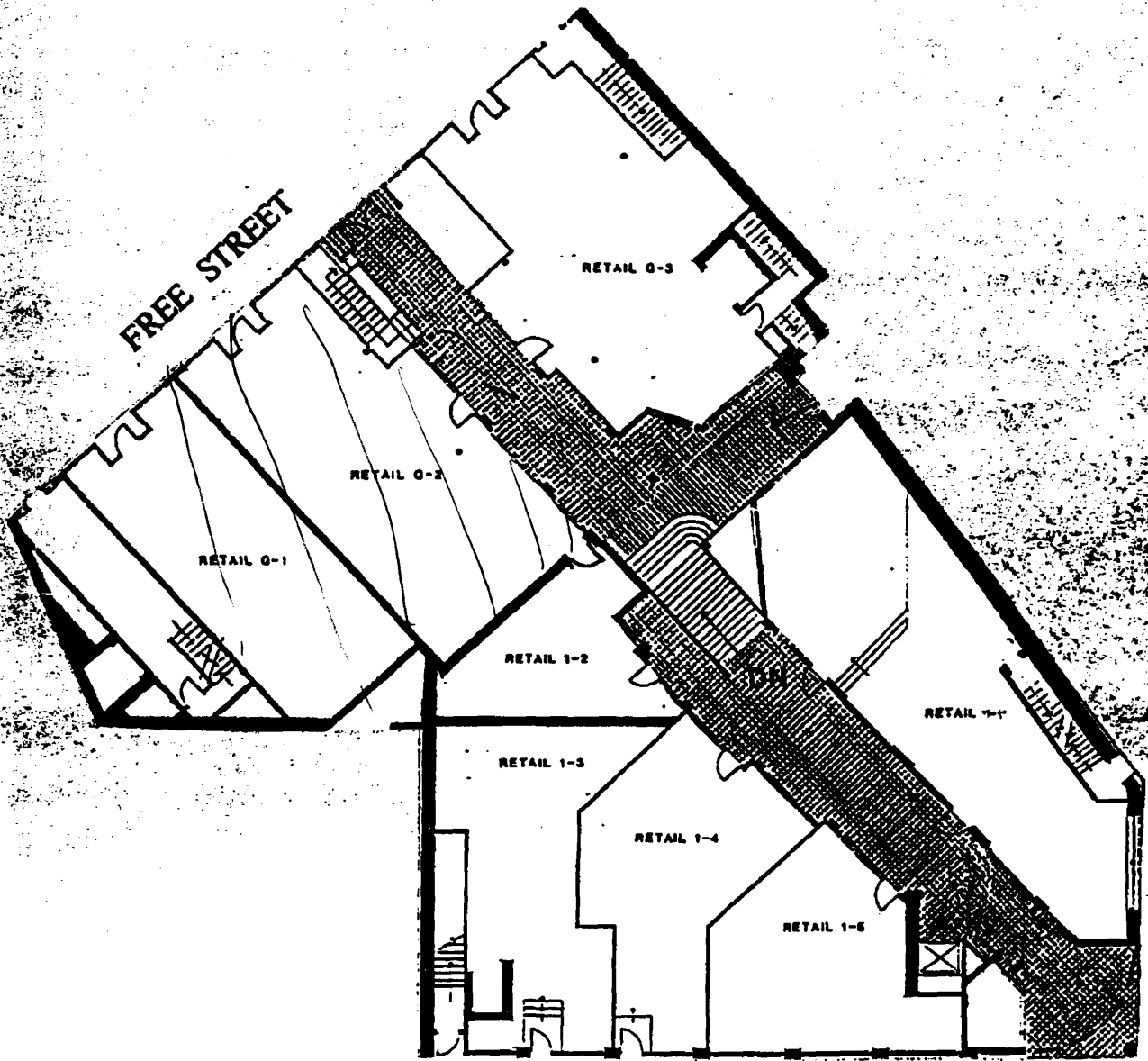
I hereby certify that I am the Owner or authorized representative of the property and that I have been authorized by the owner to apply for and obtain a permit. I agree to conform to all applicable laws of this jurisdiction. In addition, if I am an authorized representative, I certify that the Code Official's authorized representative shall have the authority to enforce the provisions of the codes applicable to this project at a reasonable hour to enforce the

Signature: 

This is not a permit. A permit is issued by the City of Portland.



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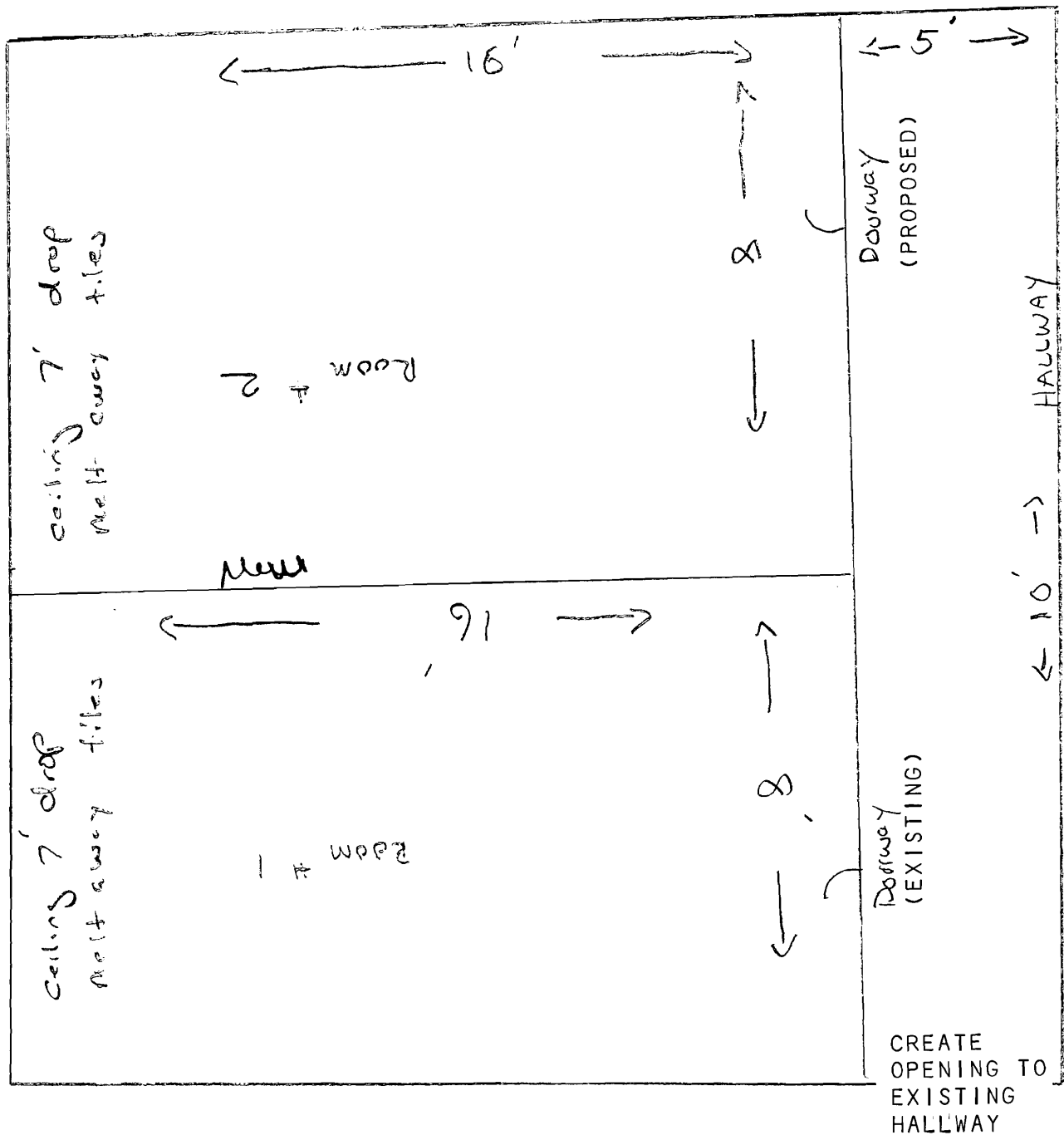


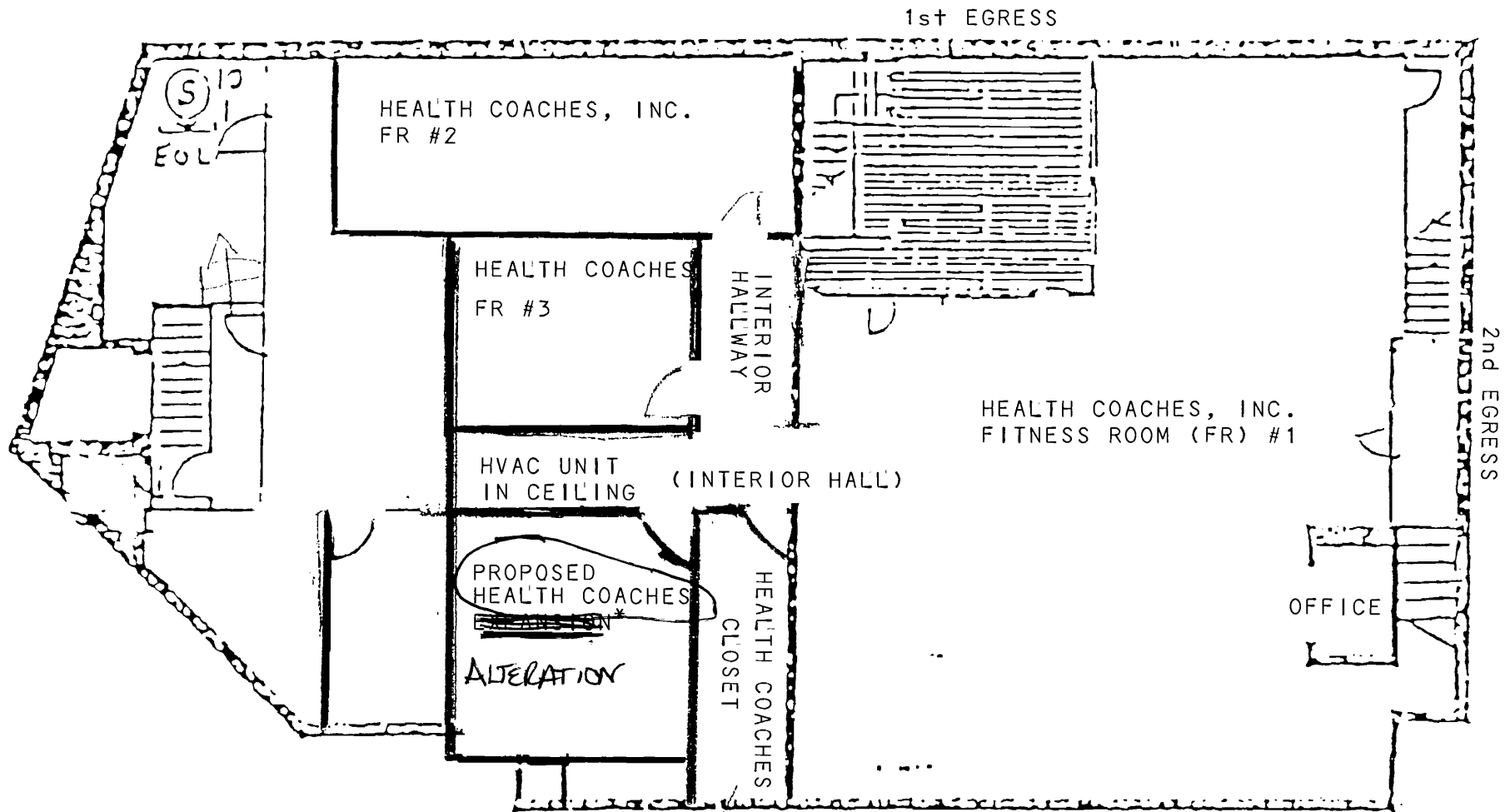
GROUND FLOOR.

HEALTH COACHES, INC.
EXPANSION

Add one (1) non-load-bearing wall 16 feet long. Use steel 2" x 4" studs installed 16" on center. Cover both sides with 5/8" sheetrock. Wall to be attached to the 10.5' ceiling. Drop ceiling to be installed at a height of 7' to be consistent with existing space.

Add interior wood door to new fitness room, matching existing door. Create opening from Health Coaches existing space to existing hallway to access new expansion. Opening to be cased.





* TAKE FORMER STORAGE SPACE, ADDING TO HEALTH COACHES EXISTING SPACE BY ADDING AN OPENING TO EXISTING HALLWAY, ADDING 1 NON-LOAD-BEARING WALL TO DIVIDE PROPOSED HEALTH COACHES EXPANSION, TO CREATE 2 NEW FITNESS ROOMS. INSTALL DROPPED CEILING IN NEW FITNESS ROOMS. SPRINKLER SYSTEM WILL NOT BE AFFECTED. INSTALL ONE INTERIOR WOOD DOOR TO NEW FITNESS ROOM.

Monument Way

Free Street Lower level

