

PERMIT ISSUED

City of Portland, Maine - Building or Use Permit Application
389 Congress Street, 04101 Tel: (207) 874-8703, Fax: (207) 874-8716

Permit No: 03-0583	Issue Date: JUN 27 2003	CBL: 027 F011001
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Location of Construction: 34 City Ctr (M Free St)	Owner Name: One Monument Way Llc	Owner Address: One Monument Way CITY OF PORTLAND	Phone: 207-773-0225
Business Name: n/a	Contractor Name: Thibodeault Construction	Contractor Address: 497 Cramm Road Parsonsfield	Phone:
Lessee/Buyer's Name: n/a	Phone: n/a	Permit Type: Change of Use - Commercial	Zone: B-3

Past Use: Commercial / Storage	Proposed Use: Change of Use / From storage to a private gym	Permit Fee: \$203.00	Cost of Work: \$15,000.00	CEO District: 1
		FIRE DEPT: <input checked="" type="checkbox"/> Approved <input type="checkbox"/> Denied	INSPECTION: Use Group: B Type: NA 6/27/03	

Proposed Project Description:
Change of Use from storage to a private gym.

Signature: *[Signature]* Signature: *[Signature]*

PEDESTRIAN ACTIVITIES DISTRICT (P.A.D.)

Action: Approved Approved w/Conditions Denied

Signature: _____ Date: _____

Permit Taken By: gg	Date Applied For: 05/28/2003	Zoning Approval
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<ol style="list-style-type: none"> This permit application does not preclude the Applicant(s) from meeting applicable State and Federal Rules. Building permits do not include plumbing, septic or electrical work. Building permits are void if work is not started within six (6) months of the date of issuance. False information may invalidate a building permit and stop all work.. 	Special Zone or Reviews <input type="checkbox"/> Shoreland <input type="checkbox"/> Wetland <input type="checkbox"/> Flood Zone <input type="checkbox"/> Subdivision <input type="checkbox"/> Site Plan Maj <input type="checkbox"/> Minor <input type="checkbox"/> MM <input type="checkbox"/> Date: <i>6/17/03</i>	Zoning Appeal <input type="checkbox"/> Variance <input type="checkbox"/> Miscellaneous <input type="checkbox"/> Conditional Use <input type="checkbox"/> Interpretation <input type="checkbox"/> Approved <input type="checkbox"/> Denied Date: _____	Historic Preservation <input checked="" type="checkbox"/> Not in District or Landmark <input type="checkbox"/> Does Not Require Review <input type="checkbox"/> Requires Review <input type="checkbox"/> Approved <input type="checkbox"/> Approved w/Conditions <input type="checkbox"/> Denied Date: <i>[Signature]</i>
	<i>Separate permits are required for any new sewage</i>		

CERTIFICATION

I hereby certify that I am the owner of record of the named property, or that the proposed work is authorized by the owner of record and that I have been authorized by the owner to make this application as his authorized agent and I agree to conform to all applicable laws of this jurisdiction. In addition, if a permit for work described in the application is issued, I certify that the code official's authorized representative shall have the authority to enter all areas covered by such permit at any reasonable hour to enforce the provision of the code(s) applicable to such permit.

SIGNATURE OF APPLICANT _____ ADDRESS _____ DATE _____ PHONE _____

RESPONSIBLE PERSON IN CHARGE OF WORK, TITLE _____ DATE _____ PHONE _____

DISPLAY THIS CARD ON PRINCIPAL FRONTAGE OF WORK CITY OF PORTLAND

CONSTRUCTION

Please Read Application And Notes, If Any, Attached

PERMIT

Permit Number: 030583

PERMIT ISSUED

This is to certify that One Monument Way Llc / The default
has permission to Change of Use from storage to private
AT 34 City Ctr / 17 FREE ST. 027 F011001

JUN 27 2003

CITY OF PORTLAND

provided that the person or persons, firm or corporation accepting this permit shall comply with all of the provisions of the Statutes of Maine and of the ordinances of the City of Portland regulating the construction, maintenance and use of buildings and structures, and of the application on file in this department.

Apply to Public Works for street line and grade if nature of work requires such information.

Notification of inspection must be given and when permission is procured before this building or part thereof is laid or closed-in. HEAR NOTICE IS REQUIRED.

A certificate of occupancy must be procured by owner before this building or part thereof is occupied.

OTHER REQUIRED APPROVALS

Fire Dept. [Signature]
Health Dept. _____
Appeal Board _____
Other _____
Department Name

[Signature]
Director - Building & Inspection Services

PENALTY FOR REMOVING THIS CARD

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Lessee/Buyer's Name: n/a	Phone: n/a	Permit Type: Change of Use - Commercial	

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Dept: Zoning	Status: Approved	Reviewer: Marge Schmuckal	Approval Date: 06/17/2003
Note: callec 17 Free Street			Ok to Issue: <input checked="" type="checkbox"/>
Dept: Building	Status: Approved	Reviewer: Mike Nugent	Approval Date: 06/27/2003
Note:			Ok to Issue: <input checked="" type="checkbox"/>
Dept: Fire	Status: Approved with Conditions	Reviewer: Lt. MacDougal	Approval Date: 06/18/2003
Note:			Ok to Issue: <input checked="" type="checkbox"/>
1) fire extinguishers shall be installed in accordance with NFPA 10 standards			
2) the fire alarm system shall be maintained to NFPA 72 standards			
3) the sprinkler system shall be maintained to NFPA 13 standards			

Comments: 6/24/2003-mjn: Need HVAC info, info re:stair treads risers etc.

030583

All Purpose Building Permit Application

If you or the property owner owes real estate or personal property taxes or user charges on any property within the City, payment arrangements must be made before permits of any kind are accepted.

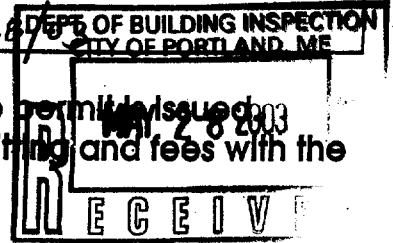
Location/Address of Construction: <u>17 FREE STREET, PORTLAND, ME 04101</u>		
Total Square Footage of Proposed Structure <u>1995 SF</u>	Square Footage of Lot <u>15161 SF</u>	
Tax Assessor's Chart, Block & Lot Chart# <u>027-F-011-001</u> Block# Lot#	Owner: <u>ONE MONUMENT WAY, LLC</u>	Telephone: <u>207-773-0225</u>
Lessee/Buyer's Name (If Applicable) <u>MARK HOLMES, PRES.</u> <u>HEALTH COACHES, INC.</u> <u>CRAIG FOSTER</u>	Applicant name, address & telephone: <u>KIM VOLK</u> <u>ONE MONUMENT WAY, 2ND FLOOR</u> <u>207-773-0225</u>	Cost Of Work: \$ <u>15,000</u> Fee: \$ <u>314</u> <u>128.00</u>
Current use: <u>STORAGE, FORMERLY RETAIL (LRY STORE)</u>		<u>COYD</u> <u>75.00</u>
If the location is currently vacant, what was prior use: _____		<u>TOTAL</u> <u>203.00</u>
Approximately how long has it been vacant: _____		
Proposed use: <u>PRIVATE GYM (CHANGE OF USE) ALL WALLS ARE NON-STRUCTURAL INTERIOR</u>		
Project description: <u>FRAME OUT 2 BATHS + ONE OFFICE/STORAGE AREA, INSTALL SOME SUSPENDED CEILING, LEAVE REST EXPOSED, ADD 1/2 BATH TO 15 FREE ST DURING CONSTRUCTION</u>		
Contractor's name, address & telephone: <u>THISORCAULT CONSTRUCTION, INC., 497 CRAWFORD ROAD PARSONSFIELD, ME 04048</u>		
Who should we contact when the permit is ready: <u>KIM VOLK</u>		
Mailing address: <u>ONE MONUMENT WAY, 2ND FLOOR</u> <u>PORTLAND, ME 04101</u>		
We will contact you by phone when the permit is ready. You must come in and pick up the permit and review the requirements before starting any work, with a Plan Reviewer. A stop work order will be issued and a \$100.00 fee if any work starts before the permit is picked up. PHONE: <u>207-773-0225</u> <u>K VOLK</u>		

IF THE REQUIRED INFORMATION IS NOT INCLUDED IN THE SUBMISSIONS THE PERMIT WILL BE AUTOMATICALLY DENIED AT THE DISCRETION OF THE BUILDING/PLANNING DEPARTMENT, WE MAY REQUIRE ADDITIONAL INFORMATION IN ORDER TO APPROVE THIS PERMIT.

I hereby certify that I am the Owner of record of the named property, or that the owner of record authorizes the proposed work and that I have been authorized by the owner to make this application as his/her authorized agent. I agree to conform to all applicable laws of this jurisdiction. In addition, if a permit for work described in this application is issued, I certify that the Code Official's authorized representative shall have the authority to enter all areas covered by this permit at any reasonable hour to enforce the provisions of the codes applicable to this permit.

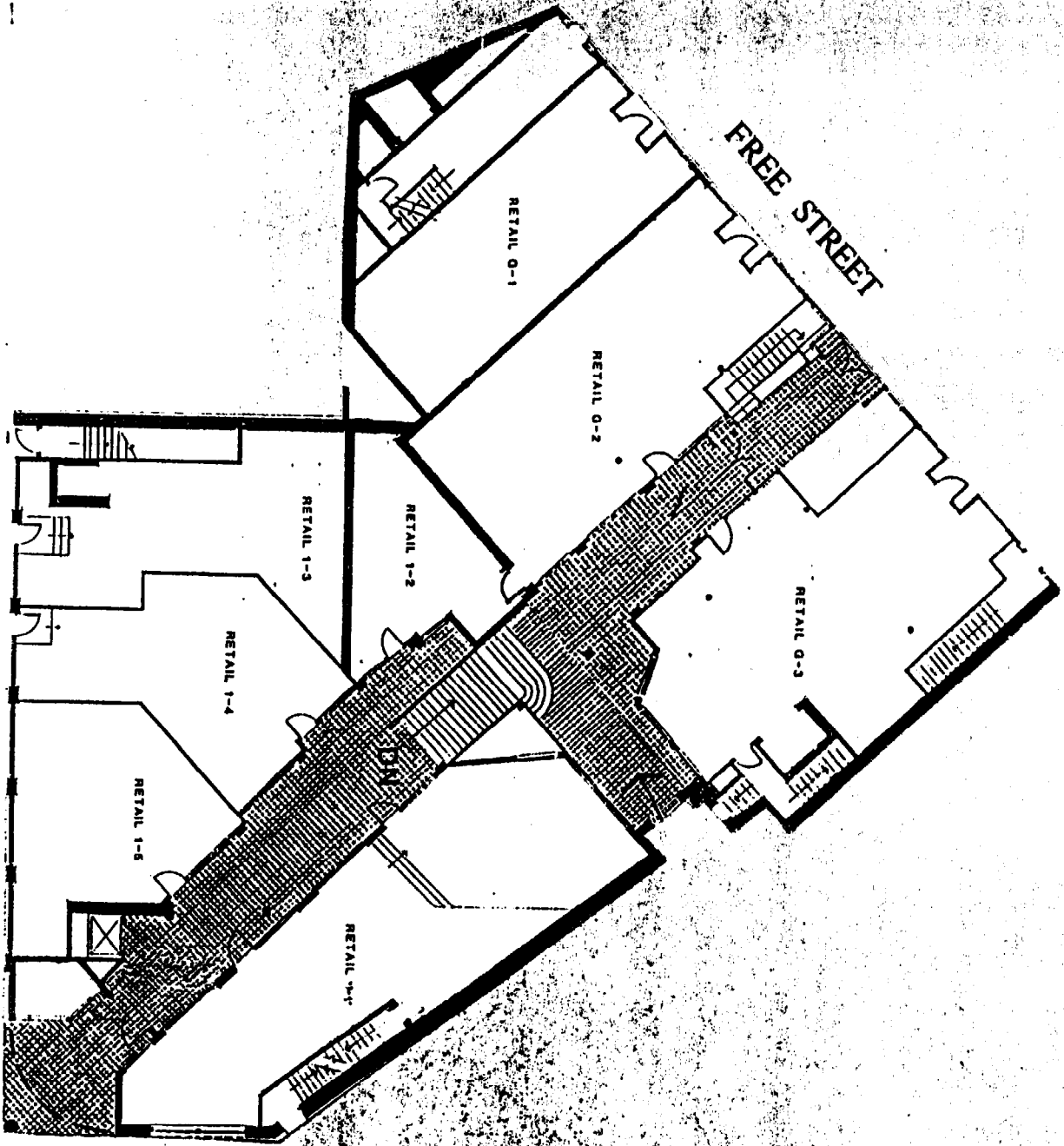
Signature of applicant: <u>K VOLK</u>	Date: <u>5/28/03</u>	DEPT OF BUILDING INSPECTION CITY OF PORTLAND, ME
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This is NOT a permit, you may not commence ANY work until the permit is issued. If you are in a Historic District you may be subject to additional permitting and fees with the Planning Department on the 4th floor of City Hall



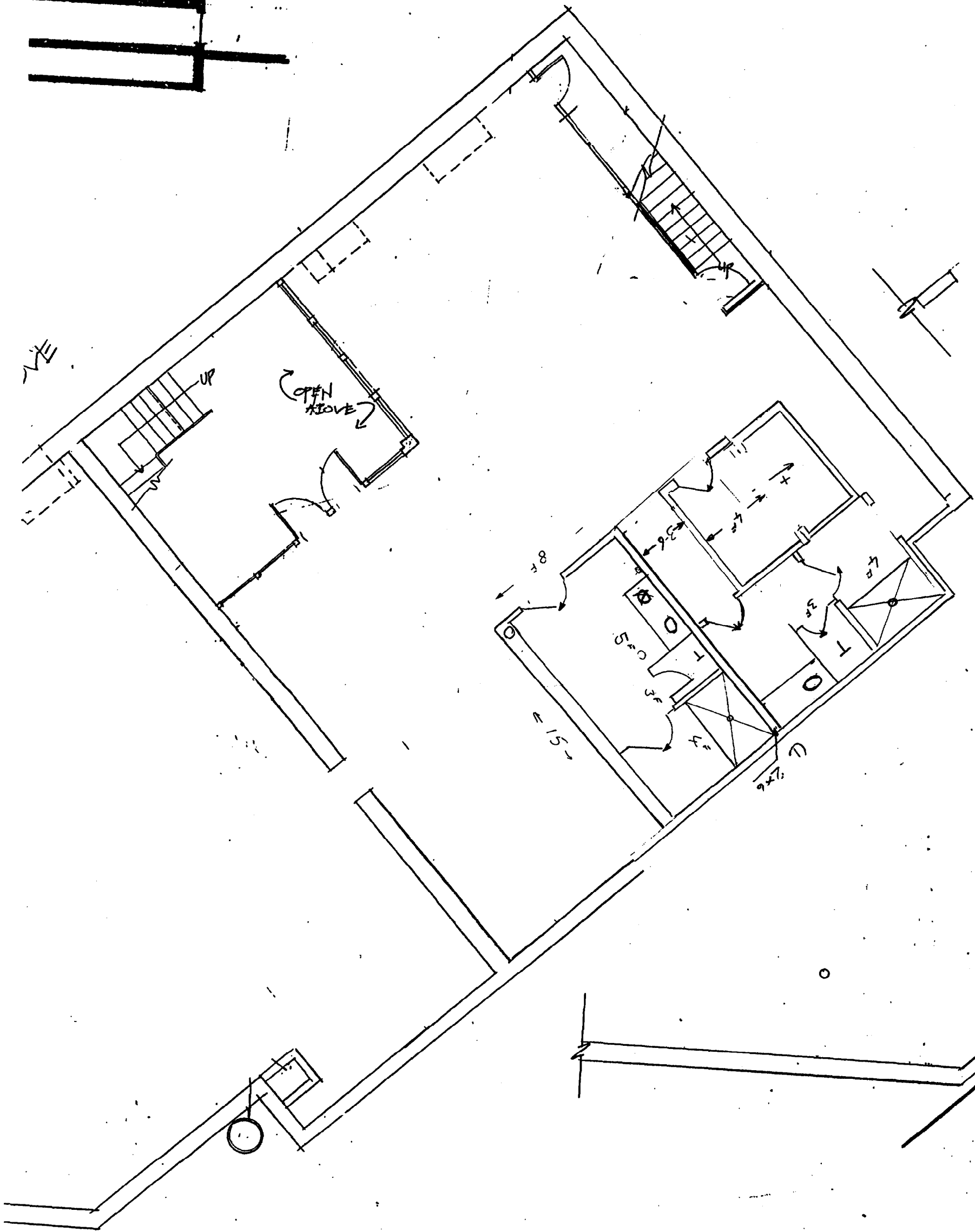
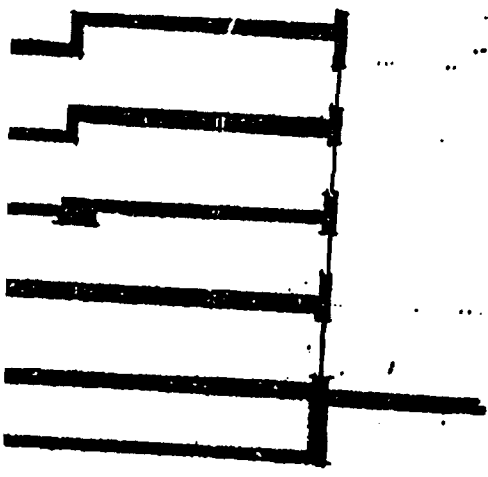
Landlord's Work:

Landlord to provide new HVAC unit with accompanying ventilation, electrical wiring to include lighting and outlets to be agreed upon, demising walls for separate office and two bathroom facilities, one of which to include one shower, toilet, and sink, and the other to include one toilet and sink. Ceilings to remain exposed in front sections and painted out. Dropped ceiling in rear section to be installed. Sheetrock to be installed where needed. Flooring to be determined.



GROUND FLOOR

5x7 1/2



2

BASEMENT PLAN

1/8" = 1'-0"